

PROGRESS IN BRAIN RESEARCH

VOLUME 18

SLEEP MECHANISMS

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Sleep Mechanisms Progress In Brain Research Volume 18

Richard T. Louttit



Sleep Mechanisms Progress In Brain Research Volume 18:

A Bibliography in Neuropsychology Reviews and Books, 1960-1965 Richard T. Louttit, 1965 **Public Health Service Publication**, 1968 **Sleep Mechanisms**, 1965-01-01 Sleep Mechanisms Public Health Service Bibliography Series, Current Research on Sleep and Dreams United States. Public Health Service, Gay Gaer Luce, 1966 This monograph was stimulated by the extraordinary growth now apparent in an area generally identified as sleep and dream research for this recent concentration of scientific effort offers a singular example of the power that basic research can exert in penetrating the problems of mental health and illness In the past year alone the National Institute of Mental Health supported over 60 projects related in whole or in part to studies of sleep and dreams with awards totaling over 2 million The work of many of these NIMH investigators is included in this summary which extends beyond the Institute's program insofar as necessary to indicate the major trends of work in the area The report cannot of course encompass the classical studies already summarized in published literature nor even provide comprehensive survey of present day sleep research for although much of the scientific data on sleep have been generated during the last dozen years significant references in this field now number in the many thousands The mosaic of disciplines contributing to the study of sleep contains such diverse fields as psychiatry and mathematics psychology and biochemistry physiology and anthropology Nevertheless ferment about the subject matter and a spirit of cooperation across traditional disciplinary lines have made it possible to knit together data that might otherwise have lain unrelated in a variety of laboratories During the past year individual summaries of many of the projects cited here were distributed to scientists working in the field of sleep and dreams Many of the recipients felt that up to date reports especially in a field of such dynamic activity represented a unique solution to the problem of scientific information exchange Such communication it was felt provided a quick look at work in progress that might prevent duplication of effort and stimulate pertinent contacts among scientists thus aiding them in their work It is hoped that this monograph will be a further part of that process Foreword Current Research on Sleep and Dreams Gay Gaer Luce, 1965

Sleep 1972 W. P. Koella, P. Levin, 1973-09-24 *Sleep Related Disorders and Internal Diseases* Jörg H. Peter, Thomas Podszus, P.v. Wichert, 2013-11-11 The normal function of the organism in various stages of activity can be seen as a process of mutual interaction of different regulation mechanisms building up the behaviour of the organism in changing situations and or ages and or levels of health or disease Insights into these very complex relations which steer the action of the organism are particularly important for the study of internal medicine They can be seen as directly related to the understanding of pathological conditions Recently the medical community has focused its interest on the physiology and pathophysiology of events which happen during sleep Although some information on pathological regulation during sleep was collected in the 1930s the modern technology of registration methods is required to analyse the phenomena of sleep related physiological and pathophysiological patterns It is interesting that the modern research in this field developed from neuropsychiatry and

is now expanding into other fields of medicine although some problems for instance the Pickwickian syndrome were also for a long time considered part of the field of internal medicine It becomes clearer that sleep is not only a neuro psychiatric phenomenon but also has profound consequences for other physio logical circuits perhaps even an important role in pathogenesis Sleep also has profound consequences for internal diseases This was shown very clearly recently by many groups although their data have not yet received the attention which they deserve

Adaptive Capabilities of the Nervous System ,2011-09-22 Adaptive Capabilities of the Nervous System

The Sleep of Others and the Transformation of Sleep Research Kenton Kroker,2007-12-15 We tend to think of sleep as a private concern a night time retreat from the physical world into the realm of the subconscious Yet sleep also has a public side it has been the focal point of religious ritual philosophic speculation political debate psychological research and more recently neuroscientific investigation and medical practice In this first ever history of sleep research Kenton Kroker draws on a wide range of material to present the story of how an investigative field at one time dominated by the study of dreams slowly morphed into a laboratory based discipline The result of this transformation Kroker argues has changed the very meaning of sleep from its earlier conception to an issue for public health and biomedical intervention Examining a vast historical period of 2500 years Kroker separates the problems associated with the history of dreaming from those associated with sleep itself and charts sleep related diseases such as narcolepsy insomnia and sleep apnea He describes the discovery of rapid eye movement REM during the 1950s and shows how this discovery initiated the creation of dream laboratories that later emerged as centres for sleep research during the 1960s and 1970s Kroker s work is unique in subject and scope and will be enormously useful for both sleep researchers medical historians and anybody who s ever lost a night s sleep

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