



Suitable Space Improving Counselling Services For Asian People

McLeod, John



Suitable Space Improving Counselling Services For Asian People:

A Suitable Space Gina Netto, 2001-03-14 The continuing low uptake of counselling by black people is a matter for concern This report examines views of counselling held by Asian people experiencing stress and depression The book considers policy implications towards improving counselling provision for this client group in particular and for black people in general

The SAGE Handbook of Counselling and Psychotherapy Colin Feltham, Ian Horton, 2006 This all inclusive comprehensive book may on first glance appear to have little that is relevant to emergency nurses On closer scrutiny it covers many of the emotional problems and crises you will encounter in the emergency department It is a useful resource and reference book and will be valued by students and practitioners of emergency nursing Accident and Emergency Nursing Praise for the First Edition An amazingly comprehensive well written balanced and pluralistic handbook that manages to present the rainbow field of psychotherapy and counselling in an accessible and reliable way This state of the art volume will become absolutely indispensable for anyone involved in this work whether in training or qualified Andrew Samuels Professor of Analytical Psychology University of Essex This remarkable book is more than an elegant presentation of contemporary counselling and psychotherapeutic theory It is packed full of practical skills and hints all written by highly experienced practitioners and presented in an accessible and jargon free format No idea is left unturned This is a practical handbook in every sense of the word and essential reading for trainees and practitioners alike Professor Robert Bor Consultant Clinical Psychologist Royal Free Hospital London Well organized fully inclusive and skilfully edited it is going to be impossible not to buy this handbook Basically it has something on everything which people might ask about the counselling and psychotherapy profession Dave Mearns Professor of Counselling University of Strathclyde This is an immensely useful source book for therapists to keep near at hand in order to update knowledge and to satisfy curiosity about new ways of working It will also be extremely helpful for trainees as they strive to gain an over arching perspective in a rapidly proliferating field Professor Helen Cowie School of Psychology and Counselling University of Surrey Roehampton The SAGE Handbook of Counselling and Psychotherapy Second Edition is the most comprehensive text of its kind and an essential resource for trainees and practitioners alike Comprising succinct and easy to access contributions the Handbook describes not only the traditional skills and theoretical models but also the most common client concerns brought to therapy and the particular skills required for different practice settings and client groups Written and edited by those at the very forefront of counselling and psychotherapy the Handbook has been substantially updated for this the Second Edition and includes new material on evidence based practice psychopharmacology counselling by email psychodrama solution focused therapy quality evaluation and attachment theory For trainees The SAGE Handbook of Counselling and Psychotherapy Second Edition provides the ideal companion to each stage of their studies while for practitioners the Handbook is an indispensable source of professional reference

The Person-Centred Approach to Therapeutic Change Michael McMillan, 2004-02-06 From the Foreword It is

an honour to be asked to write a foreword for this new book by Michael McMillan I have been excited about this book ever since I read early drafts of its first two chapters some time ago at the birth of the project At different times thereafter I have read other parts and my consistent impression has been that this is an author who has both a sophisticated academic understanding of the material and a great skill in communicating that widely Those two qualities do not often go together The book is about change After a first chapter in which the author introduces us to the person centred concept of the person chapter two is devoted to the change process within the client including a very accessible description of Rogers process model Chapter three goes on to explore why and how change occurs in the human being while chapter four introduces the most up to date person centred theory in relation to the nature of the self concept and its changing process Chapters five and six explore why change occurs in therapy and the conditions that facilitate that change while chapter seven looks beyond the core conditions to focus on the particular quality of presence begging the question as to whether this is a transpersonal transcendental quality or an intense experiencing of the core conditions themselves This is an intensely modern book particularly in its postmodern emphasis Rogers is sometimes characterised as coming from modernist times but he can also be seen as one of the early post modernists in his emphasis on process more than outcome and relationship more than personal striving The modern nature of the book is also emphasised by a superb analysis of the relationship between focussing and person centred therapy in Chapter five linking also with Polanyi s notion of indwelling in this and other chapters In suggesting that in both focussing and person centred therapy the therapist is inviting the client to indwell himself or herself the author provides a framework for considering many modern perceptions of the approach including notions such as presence and relational depth Also the link with focussing is modern in the sense that the present World Association for the approach covers a fairly broad family including traditional person centred therapists experiential therapists focussing oriented therapists and process guiding therapists Important in this development is the kind of dialogue encouraged by the present book Dave Mearns Strathclyde University The belief that change occurs during the therapeutic process is central to all counselling and psychotherapy The Person Centred Approach to Therapeutic Change examines how change can be facilitated by the counsellor offering empathy unconditional positive regard and congruence The Person Centred Approach to Therapeutic Change outlines the main theoretical cornerstones of the person centred approach and then applying these describes why change occurs as a result of a person centred therapeutic encounter The author explores the counselling relationship as an environment in which clients can open themselves up to experiences they have previously found difficult to acknowledge and to move forward Integral to the person centred approach is Carl Rogers radical view that change should be seen as an ongoing process rather than an alteration from one fixed state to another In Rogers view psychological health is best achieved by the person who is able to remain in a state of continual change Such a person is open to all experiences and is therefore able to assimilate and adapt to new experiences whether good or bad By focusing explicitly on how change is

theorized and facilitated in counselling this book goes to the heart of person centred theory and practice making it essential reading for trainees and practitioners alike **Doing Research in Counselling and Psychotherapy** John

McLeod, 2014-11-30 From leading researcher and bestselling author John McLeod this substantially rewritten and restructured third edition is the most accessible and comprehensive how to guide on conducting a successful research project in counselling and psychotherapy Taking you step by step through the research process this new edition includes A list of 9 basic principles for doing meaningful and practically useful research Chapters on basic research skills developing a research question critically evaluating research studies compiling a research proposal using qualitative and quantitative methods and fulfilling the requirements of ethics committees Chapters on 5 main types of research product that can be accomplished by novice researchers qualitative interview studies systematic case studies practice based outcome research autoethnographic inquiry and publishable literature reviews Guidance on how to get your work published Supported by a companion website offering relevant journal articles sample ethical consent forms links to open access research tools and more this is an indispensable resource for any counselling trainee or practitioner learning about the research process for the first time John McLeod is Emeritus Professor of Counselling at the University of Abertay Dundee Marginalized

Reproduction Lorraine Culley, Nicky Hudson, Floor van Rooij, 2012-05-16 Worldwide over 75 million people are involuntarily childless a devastating experience for many with significant consequences for the social and psychological well being of women in particular Despite greater levels of infertility and strong cultural meanings attached to having children little attention has been paid politically or academically to the needs of minority ethnic women and men This groundbreaking volume is the first to highlight the ways in which diverse ethnic cultural and religious identities impact upon understandings of technological solutions for infertility and associated treatment experiences within Western societies It offers a corrective to the dominance of the narratives of hegemonic groups in infertility research The collection begins with a discussion of fertility prevalence and access to treatment for minorities in the West and considers some of the key methodological challenges for social research on ethnicity and infertility Drawing on primary research from the US the UK Eire Germany the Netherlands and Australia the book then turns the spotlight onto the ways in which minority status and cultural and religious mores might impact on the experience of infertility and assisted reproductive technologies It argues that more equitable access to culturally competent assisted conception services should be an essential component of a transformatory politics of infertility **An Introduction To Counselling** McLeod, John, 2013-08-01 This bestseller provides a comprehensive

introduction to the theory and practice of counselling and psychotherapy *Sexuality and Fertility Issues in Ill Health and Disability* Rachel Balen, Marilyn Crawshaw, 2006-03-17 This groundbreaking text explores sexuality and fertility issues for young people living with ill health or disability This subject is often considered taboo although for some of those coping with sexual or fertility impairment it can be as difficult as coping with the disability or health condition itself Bringing together

personal professional and academic perspectives from a variety of disciplines and located within a life course development framework this book takes a holistic view of young people moving towards adulthood and examines the impact of illness or disability on their sexual and fertile identities The broad range of chapters includes the experiences of minority ethnic groups managing relationships fertility preservation and treatment and the transition to parenthood Professionals working with adolescents and young adults will find this book a rich source of insights information and guidance Assessment in Counselling Judith Milner,Patrick O'Byrne,2017-03-14 Whilst assessment has long been central to the counselling process with the recent moves towards evidence based practice and increased regulation it is taking an increasingly pivotal role in service provision This important new text helps clarify the nature and purpose of assessment in counselling It explores the theoretical underpinnings of assessment across the core therapeutic schools and addresses critical differences in the meanings and importance deferred to it It will be invaluable reading for all trainees as well as for practitioners wishing to gain a broad insight into therapeutic practice across the boundaries of the many therapeutic models *Therapy, Culture and Spirituality* G. Nolan,W. West,2014-12-04 This edited collection addresses how therapy can engage with issues of race culture religion and spirituality It is a response to the need for practitioners to further their understanding and skills base in developing ways of appropriately responding to the interconnectivity of these evolving issues **Understanding the Sociology of Health** Anne-Marie Barry,Chris Yuill,2011-12-16 Understanding the Sociology of Health 3rd Edition is a truly readable introduction to a subject which is often shrouded in jargon Providing case studies and exercises to really get you thinking this book shows how sociology provides the means to answer complex questions about health and illness such as why health inequalities exist The 3rd edition includes four new chapters on history of health healing sexuality sport fitness exercise death dying Though aimed primarily at students on health and social care courses and professions allied to medicine this textbook provides valuable insights for anyone interested in the social aspects of health Visit the companion website at www.sagepub.co.uk/barryandyuill3e to find a range of teaching and learning material for lecturers and students

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