

A woman with curly blonde hair is sitting on a bed, looking thoughtful with her hands clasped. She is wearing a white t-shirt. The background shows a bed with grey pillows and a light-colored wall.

Taking **Control** of Cancer

Taking Control Of Cancer

Alyssia Sade



Taking Control Of Cancer:

Taking Control of Cancer Beverley van der Molen, 2003 An accessible and practical book of advice on the diagnosis treatments and resources available to cancer sufferers and featuring personal stories from people who have experienced cancer

Take Control of Your Cancer James W. Forsythe, 2012-05-01 Cancer rates continue to skyrocket and the overall survival rate for Stage IV cancer patients in the United States is a grim 21 percent Clearly the extensive use of expensive sometimes ineffective toxins in conventional oncology protocols is a failing strategy Even the few survivors of these harsh slash and burn treatments can have dismal quality of life suffering with ailments such as nerve damage heart muscle disease and liver and kidney failure And unfortunately many conventional doctors discourage patients from exploring alternative treatment options A featured doctor in Suzanne Somers bestselling cancer book Knockout forty year oncology veteran James W Forsythe M D H M D offers a more cost effective personalized and compassionate alternative to traditional cancer treatment in Take Control of Your Cancer Integrating the Best of Alternative and Conventional Treatments Dr Forsythe s integrative approach has yielded an astonishing 46 percent positive response rate in a 500 patient study In Take Control of Your Cancer you will find information on all stages of cancer including Warning signs of cancer How to pinpoint the causes of cancer and to avoid recurrence Preventative measures such as healthy diet and regular exercise Overview of how to choose what drugs and supplements to use How to take charge of your cancer treatment and maintain a positive attitude Successful case studies of 40 of Dr Forsythe s Stage IV cancer patients While Dr Forsythe offers his patients conventional and alternative therapies on their own as well as an integrative option Take Control of Your Cancer encourages cancer patients and their families to explore their treatment options and look for doctors who personalize treatment for optimal outcomes

Take Control of Your Cancer Risk John Whyte, MD, MPH, 2021-10-05 Something everyone has the power to do is reduce your cancer risk and this book will show you just how easy it is to do it Each year over a million people in the United States alone hear the words no one ever wants to hear You have cancer But what if there was a way for fewer people to hear these words One of the biggest myths regarding cancer is that it s mostly genetic meaning that you have no control over whether you get it While genetics do have an impact the truth is that your lifestyle and environment play the major role Physician and Chief Medical Officer of WebMD John Whyte MD MPH shares straightforward information and equips you with strategies to help you on a journey to better health In Take Control of Your Cancer Risk Dr Whyte provides helpful tips including assessing your cancer risk knowing which screenings you need and when learning the role food exercise and sleep play understanding the relationship between stress and cancer Take Control of Your Cancer Risk is filled with practical advice that empowers you to really take control of our health

Breast Cancer: Taking Control John Boyages, 2013-11-09 Using the familiar image of a garden and a personal plain English style to illustrate your cancer and how it affects your body Professor Boyages MD PhD walks you slowly through the stress and confusion after a diagnosis of breast cancer Learn how to Identify the 20

Control Points the 20 important decisions you need to make before and after your surgery Navigate through the medical maze of breast cancer treatment with detailed descriptions and clear flowcharts that give you a birds eye view of the process Find and research the right treatment team for you Identify the key questions to ask your treatment team before and after treatment Identify the surgical choices for your breast and armpit Understand when you really need radiation therapy chemotherapy or hormonal treatment Preserve your fertility Understand ways of helping to cope with sexuality and early menopause after treatment Some key features Traffic light colours guide you through treatment phases 20 color coded Control Points with detailed flow charts Clear end of chapter Warning Tip and Remember icons and summaries 15 real life patient stories Plain English style with garden and other analogies to explain your breast cancer and its treatment 125 photographs in full color 28 graphically designed diagrams 75 hand picked web links Detailed glossary key references and index

Taking Charge of Breast Cancer Julia A. Ericksen,2008-04-07 Taking Charge of Breast Cancer incorporates many components of the experience of breast cancer from personal illness to political economic factors Based on her very extensive data from interviews and content analysis Ericksen s fine writing offers a powerful narrative approach that focuses on stages of awareness and action In the process she eloquently addresses the physical and emotional consequences of breast surgery changes in body and sexuality and activism This is a major contribution to understanding the politics and experience of breast cancer Phil Brown Brown University

Taking Charge of Cancer David Palma,2017-07-01 A cancer diagnosis can be terrifying and the first thing a patient wants to know is How am I going to survive this Written by a radiation oncologist and cancer researcher Taking Charge of Cancer offers an insider s guide to help readers understand cancer treatment options choose the very best medical team and be their own advocate With this compassionate yet pragmatic guide cancer patients will be better prepared to navigate the reality of their difficult diagnosis with knowledge and hope

Taking Control Alyssia Sade,2014-03-13 Faced with a terminal diagnosis of bladder cancer Perry and his wife Alyssia were faced with some very hard decisions Not wanting to accept their doctors recommendations they instead began a journey into the world of natural healing Alyssia uncovered ancient remedies and dietary changes that added in Perry s full reversal In order to deal with the bombardment of information Alyssia began keeping a journal This book is a true account of their journey Unlocking the simple complexities of navigating ones road to natural healing

Male Breast Cancer: Taking Control John Boyages,2025-10-14 Breast cancer in men is rare often misunderstood and frequently underdiagnosed In this fully updated 2nd Edition Harvard and University of Sydney trained internationally recognised radiation oncologist and breast cancer specialist Professor John Boyages AM guides men and their families through every step of diagnosis treatment and recovery Drawing on over forty years of clinical experience and hundreds of patient stories this book explains What makes male breast cancer different from female breast cancer How to choose between surgery radiotherapy hormone therapy chemotherapy and newer targeted drugs Ways to prevent and manage lymphoedema Emotional sexual and body

image issues after treatment What to expect from follow up and survivorship care New in this edition Latest research on CDK4 6 inhibitors immunotherapy and genetics Updates in radiation therapy and endocrine management Expanded advice on survivorship exercise and wellbeing Written in plain English and filled with compassion Male Breast Cancer Taking Control empowers men with knowledge confidence and hope *Take Control Now* Pamela E. Clarke,2015-11-13 This book was written to highlight the importance of taking care of one s body If proper care is given overall health will be improved you will feel more energetic and you will reduce the risk of developing degenerative diseases like high blood pressure and even cancer It also highlights the impact of lack of care on the body and the mind Your body is a house temple in which your spirit soul dwells It is comparable to a car You cannot drive a car without gas Likewise your body will not work properly or for very long without proper care Oftentimes we spent a lot of money and time to repairing our homes our cars going to the hairdresser doing our nails yet often neglecting our bodies which is the medium that makes it possible for us to achieve our dreams and livelihood in this life Let it be known that it is your responsibility to take care of your body and the body will take care of your life Please Take Control Now so that you can enjoy a healthy and happy life in your golden years *Bulletin of the American Society for the Control of Cancer* American Cancer Society,1918

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