

TAKING CHARGE

*Teenagers Talk about
Life & Physical Disabilities*

- ▼ Communication
- ▼ Independence
- ▼ Relationships
- ▼ Dating
- ▼ Sexuality
- ▼ Family Life

Kay H. Kringsman, Ph.D.

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Taking Charge Teenagers Talk About Life And Physical Disabilities

**David H. Haigler, Kathryn B. Mims, Jack
A. Nottingham**



Taking Charge Teenagers Talk About Life And Physical Disabilities:

Taking Charge Kay Harris Kriegsman, Elinor L. Zaslow, Jennifer D'Zmura-Rechsteiner, 1992 Discusses such topics as independence self esteem relationships and sexuality from the perspective of teenagers with various physical disabilities

Sex, Youth, and Sex Education David Campos, 2002-04-23 An authoritative reference that discusses the history of sex education and its ramifications in the United States Community and school officials parents and educators often stay to the wee hours of the night at PTA meetings arguing about sex education and sexual behavior among young people While some groups preach abstinence and attempt to sign as many youngsters as possible to their rosters it remains a fact that 50 percent of U S teenagers beginning at age 15 are sexually active Sex Youth and Sex Education is a wonderfully crafted resource that gives not only a statistical overview of sexual activity in schools but also examines sex education the scourge of sexual violence in schools and sexuality among selected groups of youngsters What emerges is a groundbreaking work for educators and students of sociology psychology and education This work brings to light the fascinating not to mention ubiquitous world of sexuality among today s youth and its impact on parents school personnel policymakers and society

Just One of the Kids Kay Harris Kriegsman, Sara Palmer, 2013-05-31 Supporting and encouraging all members of the family when a child has a physical disability If you have a child with a physical disability how can you plan your family s life in a way that is inclusive for everyone What can you do to create a family where every member pulls his or her own weight in appropriate measure meets challenges and has moments in the spotlight along the way Most parents of a child who has a physical disability want their child to have fun be responsible make friends and take acceptable risks in short to feel like just one of the kids and they want to make sure that the needs of the whole family are met too Just One of the Kids is designed to help parents focus not on what could have been but instead on what can be so that they their children and the grandparents thrive as individuals and as a family The advice from psychologists Kay Harris Kriegsman and Sara Palmer is valuable for any family with children who have a physical disability from any cause Their warm and encouraging book is full of family stories tips and tools Parents of children with physical disabilities can help them develop the skills needed to meet life s challenges and launch into independence Parents building on that foundation and acknowledging each person s contributions interests and aspirations create an inclusive and resilient family

The School Counselor's Guide to Helping Students with Disabilities Laura E. Marshak, Claire J. Dandeneau, Fran P. Prezant, Nadene A. L'Amoreaux, 2009-12-21 Down to earth advice for helping students with disabilities succeed The School Counselor s Guide to Helping Students with Disabilities offers school counselors a practical guide for handling the complexities of working with children and youth who have disabilities The book is organized to correspond with the myriad responsibilities and roles assumed by school counselors in elementary middle and high school settings The authors provide both seasoned and new school counselors with the insight and tools they need to successfully promote the academic personal social and career success of students with disabilities Presents a wealth

of relevant disability related knowledge and useful strategies Includes information on the most pertinent legislation pertaining to students with disabilities Offers the most effective counseling interventions for helping young children or adolescents experiencing social exclusion because of their disabilities Bonus section contains a wealth of disability specific information with implications and practical applications for counselors This important book brings together experts in two disciplines school counseling and special education disabilities in order to address the practicalities and possibilities of working with students with disabilities

Primary Care of the Child With a Chronic Condition E-Book Patricia Jackson Allen, Judith A. Vessey, Naomi Schapiro, 2009-06-25 Written by nurse practitioners for nurse practitioners this one of a kind resource provides the expert guidance you need to provide comprehensive primary care to children with special needs and their families It addresses specific conditions that require alterations in standard primary care and offers practical advice on managing the major issues common to children with chronic conditions A consistent format makes it easy to locate essential information on each condition Plus valuable resources help you manage the issues and gaps in health care coverage that may hinder quality care This is the only book authored by Nurse Practitioners that focuses on managing the primary health care needs of children with chronic conditions More than 60 expert contributors provide the most current information available on specific conditions Comprehensive summary boxes at the end of all chronic conditions chapters provide at a glance access to key information Resource lists at the end of each chronic condition chapter direct you to helpful websites national organizations and additional sources of information that you can share with parents and families Updated references ensure you have access to the most current evidence based coverage of the latest research findings and management protocols Four new chapters Celiac Disease Eating Disorders Muscular Dystrophy and Obesity keep you up to date with the latest developments in treating these conditions Autism content is updated with the latest research on autism spectrum disorders including current methods of evaluation identification and management Coverage of systems of care features new information on how to help families obtain high quality and cost effective coordinated services within our complex health care system Easy to find boxes in the chronic conditions chapters summarize important information on treatment associated problems clinical manifestations and differential diagnosis

Caring and Competent Caregivers Robert Moroney, 1998 Chronic health conditions are the leading cause of illness disability and death in the United States today affecting nearly one hundred million citizens These conditions cost the economy more than 470 billion a year in direct medical costs and more than 230 billion in lost productivity While Americans pride themselves on living in a caring country society as a whole has not fully prepared for the many challenges presented by chronic illness This timely book illustrates the caregiving needs to be faced in the next century Written by individuals associated with the National Quality Caregiving Coalition NQCC of the Rosalynn Carter Institute Caring and Competent Caregivers is a foundation book for use by academicians conducting professional training programs diverse health care and social service providers on the front lines providing assistance to

others and students entering the field Incorporating philosophy social science research and impressionistic evidence this book provides a basis for education and practice that is both inspirational and practical *Ordinary Families, Special Children* Milton Seligman, Rosalyn Benjamin Darling, 2017-02-13 This popular clinical reference and text provides a multisystems perspective on childhood disability and its effects on family life The volume examines how child family ecological and sociocultural variables intertwine to shape the ways families respond to disability and how professionals can promote coping adaptation and empowerment Accessible and engaging the book integrates theory and research with vignettes and firsthand reflections from family members

Caring for You, Caring for Me David H. Haigler, Kathryn B. Mims, Jack A. Nottingham, 1998 Caring for persons with chronic illnesses or disabilities is a rewarding endeavor but it often places extreme demands on those providing care Caregivers need both education and support to understand their caregiving roles and to cope with the difficult situations they face All too often there is a chasm between professionals who are part of the formal caregiving system and family members friends and neighbors who provide daily care The Caring for You Caring for Me education and support program is a valuable tool for use in providing caregivers with education and support The program is designed to bring formal professional and informal lay family caregivers together to gain a better understanding of each other's perspectives on what it means to be a caregiver with the hope that in the process both will learn to do it better The program is based on caregiving research and the expertise of frontline caregivers The Leader's Guide contains everything needed to conduct a ten hour education and support program for caregivers informational content layouts for overhead transparencies and suggested group activities The companion Participant's Manual supports the presentation providing a workbook for class activities a suggested reading list and a compendium of national sources of help for caregivers Caring for You Caring for Me was developed by the Rosalynn Carter Institute under the guidance of the West Central Georgia Caregivers Network CARE NET The Rosalynn Carter Institute was established in 1987 Its mission is to understand the process of caregiving and discover new ways to benefit both formal and informal caregivers The Institute supports the premise that caregivers and care receivers can be served most effectively through the collaborative efforts of formal and informal caregivers academicians public and private services and organizations representing caregivers and recipients of care

Ordinary Families, Special Children, Third Edition Milton Seligman, Rosalyn Benjamin Darling, 2009-02-23 This popular clinical reference and text provides a multisystems perspective on childhood disability and its effects on family life The volume examines how child family ecological and sociocultural variables intertwine to shape the ways families respond to disability and how professionals can promote coping adaptation and empowerment Accessible and engaging the book integrates theory and research with vignettes and firsthand reflections from family members

Roll Models Richard Holicky, 2004 I thought life was pretty much over Paul Herman I was afraid people wouldn't see me for who I still was Cathy Green I didn't need this to be a better person Susan Douglas I wasn't sure I wanted to live this way Kevin

Wolitzky The above four people and 49 more just like them went on to find high levels of success and lead satisfying lives Together they tell 53 stories of moving forward to meet all the challenges fears obstacles and problems common to the life altering circumstances after spinal cord injury and doing it without benefit of wealth large settlements or solid health coverage Ranging in age from 21 to 67 disabled from three to 48 years they share 931 years of disability experience Roll Models is a valuable new resource for recently injured people and their families and for nurses therapists psychologists and all other professionals who treat work with and care for people with spinal cord injury Straight from the horse s mouth survivors explore their experiences with disability and answer many questions those in rehab are asking Early Thoughts What were your thoughts immediately following injury What were your initial thoughts and reactions regarding SCI and the future The First Years What were your biggest fears during that first year or so How did you get past those early fears Changes Obstacles and Solutions How much different are you now compared to how you were before injury What s been the biggest obstacle How did you address these obstacles Finding What Works What have been the most difficult things for you to deal with since injury What s the worst thing about having an SCI and using a chair What s been your biggest loss due to injury Is SCI the worst thing that ever happened to you Tell me something about your problem solving skills How do you deal with stress What do you do to relieve stress Salvations Turning Points and More Was there any one thing that was your salvation or key to your success Was there a turning point for you when you began to feel things were going to get better What personal factors habits and beliefs have helped you the most SCI and Meaning Do you find any meaning purpose or lessons in your disability Did any positive opportunities come your way because of your injury What s your greatest accomplishment What are you most proud of A wonderful roadmap with many alternate routes to living and thriving with SCI Minna Hong SCI survivor and Peer Support Coordinator Vocational Liaison Shepherd Center Avoids the trap of providing a one size fits all mentality and provides solutions as varied as the individuals used as examples Accentuates the positives while not sugar coating the difficulties Essential reading Jeff Cressy SCI survivor and Director of Consumer and Community Affairs SCI Project Rancho Los Amigos A great resource for people as they venture out into the world or search for meaning and a deeper richer life Filled with examples of real people and their real experiences Terry Chase ND RN SCI survivor Patient Family Education Program Coordinator Craig Hospital A wonderful tool for the newly spinal cord injured individual as well as the therapists and counselors working with them This certainly hits the mark in capturing important survival strategies Jack Dahlberg SCI survivor Past President of the National Spinal Cord Injury Association Artfully crafted and organized Roll Models sensitively portrays life following spinal cord injury Informative creative sensitive as well as infused with humor and a kind heart Recommended with my highest accolades Lester Butt Ph D ABPP Director of the Department of Psychology Craig Hospital

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