THE HARMS OF SMOKING IN PREGNANCY

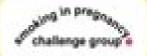
SMOKING IS THE SINGLE BIGGEST MODIFIABLE RISK FACTOR DURING PREGNANCY

WHEN A WOMAN SMOKES ...

Thousands of harmful chemicals are introduced into the bloodstream, which are then also transferred to the baby through the piscenta







smokefreeaction.org.uk

TO REMOVE THE RISK ...



a pregnant woman should be advised and supported to stop smoking entirely



and advised that secondhand smoke is also dangerous

REFER WOMEN TO SPECIALIST QUIT SUPPORT WHERE THEY CANGET HELP FROM A TRAINED ADVISOR







Nicotine Replacement Therapy (NRT) is safe to use in pregnancy and may help women to quit If a progrant woman chooses to use an e-cigarette, this is far safer than smoking

Supported by Public Health England

Smoking And Pregnancy

Daniela Niemeyer



The Enigmatic Realm of **Smoking And Pregnancy**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Smoking And Pregnancy** a literary masterpiece penned by way of a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of people who partake in its reading experience.

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Smoking And Pregnancy Introduction

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