

BEST 2 INGREDIENTS

Face Mask

RECIPE



CLEAR SKIN

2 TBSP HONEY
1 TSP LEMON JUICE



BRIGHTEN SKIN OVERNIGHT

2 TBSP MILK
1 TBSP TOMATO JUICE



TIGHTEN & FIRM SKIN

2 TSP COFFEE
1 TSP HONEY



GET RID OF OILY SKIN

2 TBSP ALOE VERA GEL
1 TSP TURMERIC



CLEAR BLACKHEADS

1 TSP LEMON JUICE
1 EGG WHITE



GLOWING SKIN

2 TBSP YOGURT
2 TSP LEMON JUICE



HEALTHY SKIN

1 TBSP COCONUT OIL
1/4 TURMERIC



CLEAR UP ACNE

2 TBSP HONEY
1 TSP CINNAMON



Skin Deep Natural Recipes For Healthy Skin And Hair

Ian Pickup



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