



The Obese Child

Jacob Warren, K. Bryant Smalley



The Obese Child:

Always the Fat Kid Jacob Warren, K. Bryant Smalley, 2013-03-26 Childhood obesity in the United States has tripled in a generation. But while debates continue over the content of school lunches and the dangers of fast food, we are just beginning to recognize the full extent of the long-term physical, psychological, and social problems that overweight children will endure throughout their lives. Most dramatically, children today have a shorter life expectancy than their parents, something never before seen in the course of human history. They will face more chronic illnesses such as heart disease and diabetes that will further burden our healthcare system. Here, authors Jacob Warren and K. Bryant Smalley examine the full effects of childhood obesity and offer the provocative message that being overweight in youth is not a disease but the result of poor lifestyle choices. Theirs is a clarion call for parents to have the talk with their kids, which medical professionals say is a harder topic to address than sex or drugs. Urgent, timely, and authoritative, *Always the Fat Kid* delivers a message our society can no longer ignore.

The Childhood Obesity Epidemic Peter D. Vash, 2015-03-19 This title includes a number of Open Access chapters. Child obesity is a serious condition that affects children around the world in growing numbers. With obesity comes an increased risk of other chronic diseases, as well, making it even more important to understand and treat this condition from a variety of angles. This current volume seeks to understand Child and Adolescent Obesity. Walter Burniat, Tim J. Cole, Inge Lissau, Elizabeth M. E. Poskitt, 2006-06-01 This book addresses the ever-increasing problem of obesity in children and adolescents, the long-term health and social problems that arise from this, and approaches to prevention and management. Aimed at doctors and all health care professionals, it will be of interest to all those concerned with the increasing prevalence of obesity in both the developed and developing world. It covers all aspects of obesity, from epidemiology and prevention to recent developments in biochemistry and genetics, and to the varied approaches to management which are influenced by social and clinical need. A foreword by William Dietz and a forward-looking future perspectives conclusion by Philip James embrace an international team of authors, all with first-hand experience of the issues posed by obesity in the young. This comprehensive survey of an important and growing medical problem will help inform, influence, and educate those charged with tackling this crisis. Pediatric Obesity Michael Freemark, 2010-09-14 Childhood obesity and its co-morbidities, including type 2 diabetes, hypertension, dyslipidemia, sleep apnea, and fatty liver disease, have seen striking increases in recent years. Despite a wealth of investigation, there is considerable controversy regarding the etiology of childhood obesity and the optimal approaches for prevention and treatment. *Pediatric Obesity: Etiology, Pathogenesis, and Treatment* addresses the controversy with a range of features that make it a unique resource for those who care for obese children and their families. Written from a perspective that is international in scope, the distinguished authors reassess the roles of genetic and environmental factors in the pathogenesis of childhood obesity and critically review new studies of the effects of lifestyle, pharmacologic, and surgical interventions. The evidence-based approach of *Pediatric Obesity: Etiology, Pathogenesis, and*

Treatment provides a comprehensive and invaluable guide for all healthcare providers concerned with the evaluation and care of children with nutritional and metabolic disease and with the societal implications of the obesity epidemic The Obese Child P. L. Giorgi,1992-03-06 **Super-sized Kids** Walt Larimore,Sherri Flynt,Steve Halliday,2005 The experts at America s Hospital of the Future provide a comprehensive approach to helping parents control their children s weight while developing a healthy active lifestyle Studies show that as many as one in four American children is overweight and childhood obesity rates have doubled since the late 1970s Medical problems that doctors once saw only in adults aged 50 or older are now striking individuals in their 20s and younger including heart disease stroke diabetes colorectal cancer high blood pressure asthma joint problems and arthritis In this essential new book a pediatric endocrinologist and a respected dietician present a step by step medically sound and achievable weight control program that will benefit the whole family Poor diet and sedentary lifestyles as well as a lack of parental guidance are at the root of this child obesity epidemic Studies show that approximately 40 % of obese children will grow up to be obese adults This book seeks to break this alarming pattern

Childhood Obesity in America Laura Dawes,2014-06-09 Obesity among American children has reached epidemic proportions Laura Dawes traces changes in diagnosis treatment and popular conceptions of the most serious health problem facing American children today and makes the case that understanding the cultural history of a disease is critical to developing effective public health policy **Obesity in Childhood and Adolescence** W. Kiess,C. Marcus,Wieland Kiess,M. Wabitsch,2004-04-22 Obesity in childhood and adolescence has reached epidemic proportions in all industrialized countries around the world Its impact on individual lives as well as on health economics has to be recognized by physicians and the public alike Among the most common consequences of obesity in the adolescent are hypertension dyslipidemia back pain and psychosocial problems Therapeutic strategies include psychological and family therapy lifestyle behavior modification and nutrition education The role of regular exercise and exercise programs is emphasized Surgical procedures and drugs used in adult obesity are still not generally recommended for obese adolescents This book aims to increase physicians knowledge and understanding of obesity in childhood and adolescence as well as to further public awareness of the health burden and economic dimension of obesity at a young age Several chapters deliver insights into the basic understanding of which factors contribute to or prevent the development of overweight and obesity in young people Other contributions provide tools for the clinician to manage the care of the child and adolescent with overweight obesity In addition knowledge from the latest scientific studies on the molecular biology of obesity is also presented **Children, Obesity and Exercise** Andrew P. Hills,Neil A. King,Nuala M. Byrne,2007-08-07 Throughout the developed world there is an increasing prevalence of childhood obesity This book provides sport exercise and medicine students and professionals with an accessible and practical guide to understanding and managing childhood and adolescent obesity Childhood Obesity and Health Research Richard K. Flamenbaum,2006 Obesity in children and adolescents is a serious issue with many health and social consequences that often

continue into adulthood Implementing prevention programs and getting a better understanding of treatment for youngsters is important to controlling the obesity epidemic The term childhood obesity may refer to both children and adolescents Between 5 25 percent of children and teenagers in the United States are obese As with adults the prevalence of obesity in the young varies by ethnic group It is estimated that 5 7 percent of White and Black children are obese while 12 percent of Hispanic boys and 19 percent of Hispanic girls are obese Some data indicate that obesity among children is on the increase The second National Children and Youth Fitness Study found 6 9 year olds to have thicker skinfolds than their counterparts in the 1960s During the same period others documented a 54 percent increase in the prevalence of obesity among 6 11 year olds This book examines leading research in this area of great concern to society [Handbook of Pediatric and Adolescent Obesity Treatment](#) William T. O'Donohue, Brie A. Moore, Barbara J. Scott, 2008-02-22 This volume brings together behavioral medical and public health approaches and provides the knowledge necessary for a wide range of practitioners to effectively address the current obesity epidemic among children and adolescents The book addresses several themes in pediatric and adolescent obesity Experts in the field discuss the prevalence etiology and sequelae of pediatric and adolescent obesity as well as the medical and behavioral assessment of the overweight child adolescent and family The book offers a comprehensive understanding of the wide range of approaches to pediatric and adolescent obesity treatment in order to promote an individualized approach that will best fit the patient and family **Overweight Child** Cristina Abate, 2016-08-30 **FREE BONUS INSIDE** Help An Overweight Child You are about to find out how to help your child lose weight fast so they can live a long healthy and happy life and become the best version of themselves Millions of children around the world are overweight or obese and as a result are suffering mentally emotionally and physically These children generally feel sad lethargic unhealthy and have low self esteem Not only are they at risk of developing serious health issues like high blood pressure high cholesterol or type 2 diabetes they are probably also being teased or bullied at school feeling isolated stressed having trouble sleeping at night developing depression and in some cases thinking about ending it all through suicide Most parents realize the problem but have been unable to find the solution The truth is your child is suffering because both of you do not know what to do to turn the situation around This book will teach you how to help your child lose weight fast and become healthy energetic confident successful and happy Here Is A Preview Of What You Will Learn Dealing With and Understanding Childhood Obesity Psychosocial Aspects of Childhood Obesity What Can Parents Do Planning a Healthy Diet for the Whole Family Reducing Added Sugars in Your Family's Diet Healthy Snack Suggestions Getting Your Child Involved in Low Impact Exercise And much much more Today only get this amazing book for just 5 99 I m so confident that this book is going to help you that I m going to give you a 100% Honest 60 day Money back Guarantee This way the risk is removed Grab your copy now Tags overweight child overweight children overweight kids child obesity childhood obesity obese children childhood obesity solution childhood obesity cure overweight children problem healthy child obesity overweight lose

weight weight loss for kids *Childhood Obesity* Noel Cameron, Gerard Hastings, George Ellison, 2005-07-28 The consequences of childhood obesity are serious and far reaching with both physical and psychological components that add to its complexity Childhood Obesity Contemporary Issues provides an up to date account of the increase of obesity in children its causes and its prevention The expert editorial panel has chosen contributors with consider *Childhood Obesity* Norman Kretchmer, 1990-08-31 This volume highlights recent research findings which elucidate the biological and behavioral underpinnings of childhood obesity The book is divided into four sections Perspectives Determinants Prevention and Treatment Topics include the social and psychological factors that comprise the obese child s world eating patterns early in life and their influence on adiposity later in development two types of opoid peptides their respective receptor sites and the effects they produce when released putative relationships between food preferences and obesity relationships between inactivity and obesity design and implementation of school based programs to prevent obesity in school children medical care to the obese child and family metabolic factors of dieting the role of parental and family influences in childhood obesity and treatment intervention The book is a must for advanced graduate students and practitioners in medicine and psychology dealing with child health It is an invaluable reference for clinicians and researchers alike *Understanding Childhood Obesity* J. Clinton Smith, 1999 A clear explanation of causes diagnosis and treatment of childhood obesity **The Obese Child** Pier Luigi Giorgi, Robert M. Suskind, Carlo Catassi, 1992 *Counseling Overweight and Obese Children and Teens* Jo Ellen Shield, Jodie Shield, Mary Catherine Mullen, 2008 Includes the latest recommendations from the Expert Committee on Assessment Prevention and Treatment of Child and Adolescent Overweight and Obesity This guide shows registered dietitians how to tailor and provide appropriate nutrition counseling for overweight and obese children and adolescents between the ages of 5 and 18 As a complete resource this guide provides detailed counseling plans practical counseling tips take home handouts and interactive worksheets *The Obese Child* Leonard S. Taitz, 1983-01 *Rescuing the Emotional Lives of Our Overweight Children* Sylvia Rimm, 2004-04-03 A compassionate guide for parents focuses on the emotional impact of being an overweight child citing the risks and challenges faced by young people with weight problems while offering advice on how to be aware of peer discrimination encourage healthy eating without nagging and more 40 000 first printing **Childhood Obesity Prevention and Treatment** Jana Parizkova, Andrew Hills, 2005-01-13 Childhood Obesity Prevention and Treatment Second Edition summarizes the latest scientific knowledge on obesity in children This edition focuses on the developmental aspects of obesity especially on the influences and factors predisposing individuals to obesity from early periods of life This new body of knowledge stems from both basic

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