

# SMOKING and REPRODUCTIVE HEALTH



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*Smoking has a  
significant effect on  
reproductive and  
child health.*

An estimated 44.5 million adults in the USA smoke cigarettes, and tobacco use is the leading preventable cause of death in that country. Cigarette smoking during pregnancy continues to be a significant public health concern. Despite decreases in the percentage of women who smoked during pregnancy in the 1990s, the Centres for Disease Control and Prevention reported that 11.4% of mothers who gave birth during 2002 smoked. A South African study reported that 39% of pregnant women smoked, with considerable variation between racial groups.

It is known that smoking in pregnancy is associated with a number of adverse outcomes, including low birth weight, abruptio placentae, miscarriage, premature delivery and an increase in

perinatal mortality. In addition, smoking affects the gametes and ovarian function, which can impair fertility, as well as having more long-lasting effects such as an earlier onset of menopause. It is also an important co-factor in the genesis of cervical cancer, one of the major health concerns in women in South Africa. This review discusses the effects of cigarette smoking on reproductive health issues.

## EXPOSURE

Cigarette smoke contains over a thousand different compounds, including carbon monoxide, nicotine, polycyclic aromatic hydrocarbons (PAHs), nitroso compounds, aromatic amines, protein pyrolysates and trace elements such as cadmium and nickel. Two major mutagenic compounds are nitrosamines and PAHs. The two

# Smoking And Reproductive Health

**Marie Reilly**



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