

A top-down view of various fresh fruits and vegetables arranged in a circular pattern around the word "Nutrition" on a dark background. The ingredients include a bowl of salad with lettuce, tomatoes, and cucumbers; a pomegranate; a kiwi; spinach leaves; a bowl of mixed peppercorns; almonds; a bowl of lentils; a red onion; cucumbers; orange bell peppers; cherry tomatoes; an avocado; and carrots. The word "Nutrition" is written in a white, cursive font in the center.

Nutrition

The Good Of Nutrition

Siddappa N.Byrareddy



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