

Andrew Weil, MD

A photograph of a smiling man with a full white beard and balding head, wearing a blue button-down shirt. He is holding a large, shallow bowl filled with a variety of fresh vegetables, including broccoli, yellow and red bell peppers, carrots, and cherry tomatoes. The background is a plain, light-colored wall.

FAST FOOD, GOOD FOOD

More Than 150 Quick and Easy Ways to Put Healthy, Delicious Food on the Table

The Good Food Cookbook

Clemens Wendtner



The Good Food Cookbook:

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