

# SUCH A PRETTY FACE



Being  
Fat in  
America

**MARCIA MILLMAN**  
with photographs by Naomi Bushman

# Such A Pretty Face Being Fat In America

**Jeffery Sobal**



## **Such A Pretty Face Being Fat In America:**

**Bodies Out of Bounds** Jana Evans Braziel, Kathleen LeBesco, 2001-09-13 This is an exceptional collection the subject is of obvious importance yet terribly undertheorized and unexamined I know of no other work that offers what this collection provides Marcia Millman author of *Such a Pretty Face Being Fat in America* A valuable contribution to scholarly debates on the place of excessive bodies in contemporary culture This book promises to enrich all areas of inquiry related to the politics of bodies Carole Spitzack author of *Confessing Excess Women and the Politics of Body Reduction* This anthology includes a wide range of perceptive and original essays which explore and analyze the underlying ideologies that have made fat incorrect Echoing the spirit of the nineteenth century adage about children who should be neither seen nor heard some of the authors powerfully remind us that we keep bodies out of bound silenced and unseen unless of course we need to peek at the comic or grotesque Raquel Salgado Scherr co author of *Face Value The Politics of Beauty* Through textual analyses video film analyses television theory and literary theory this collection demonstrates the various ways in which dominant representations of fat and corpulence have been both demonized and rendered invisible This volume will be a crucial corollary to work on the tyranny of slenderness a collection of different perspectives on the fat body is sorely missing in women s studies communication and media studies Sarah Banet Weiser author of *The Most Beautiful Girl in the World Beauty Pageants and National Identity*

**Such a Pretty Face** Marcia Millman, 1981

**Voices of the Women's Health Movement, Volume 2** Barbara Seaman, Laura Eldridge, 2012-02-14 An unprecedented and definitive collection of rabble rousing writings on women s health *Voices of the Women s Health Movement* explores a range of provocative topics from reproductive rights to sexuality to motherhood Trail blazing advocate Barbara Seaman and health activist Laura Eldridge bring the revolutionary ideas of several generations together in this powerful new book celebrating women s bodies and women s voices The more than two hundred contributors include Jennifer Baumgardner Susan Brownmiller Phyllis Chesler Angela Y Davis Barbara Ehrenreich Germaine Greer Shulamith Firestone Charlotte Perkins Gilman Erica Jong Molly Haskell Shere Hite Susie Orbach Judith Rossner Alix Kates Shulman Gloria Steinem Sojourner Truth Rebecca Walker Naomi Wolf and many others With *Voices of the Women s Health Movement* for the first time every woman and girl can experience in one place the powerful history of stirring words and strong female perspectives that have inspired countless women to take control of their health and their lives Volume Two highlights include influential writings on sex rape and violence against women body image informed consent self help gynecology patient advocacy and the mind body connection

[Research Handbook on the Sociology of Gender](#) Gayle Kaufman, Michael Stambolis-Ruhstorfer, Steven Roberts, Brittany Ralph, 2024-09-06 This extensive *Research Handbook* surveys historical and contemporary patterns within research on the sociology of gender It clarifies key definitions and examines influential factors such as race age and occupation

**Corpus** M. Casper, P. Currah, 2011-06-20 *Corpus* begins with the argument that traditional disciplines are unable to fully apprehend

the body and embodiment and that critical study of these topics urgently demands interdisciplinary approaches The collection s 14 previously unpublished essays grapple with the place of bodies in a range of twenty first century knowledge practices including trauma surveillance aging fat food feminist technoscience death disability biopolitics and race among others The book s projected audience includes teachers and scholars of bodies and embodiment interdisciplinary scholars and practitioners and scholars interested in the any of the substantive content covered in the book The collection could be adopted in courses on the body at advanced undergraduate and graduate levels including cultural studies queer gender and sexuality studies body and power biopolitics intersectional approaches to the body anthropology of the body sociology of the body embodiment and space digital bodies anthropology of knowledge production health illness and medicine studies science knowledge and technology studies and philosophy and social theory

**Weighty Issues** Jeffery Sobal,2017-09-08 Many people consider their weight to be a personal problem when then does body weight become a social problem Until recently the major public concern was whether enough food was consistently available As food systems began to provide ample and stable amounts of food questions about food availability were replaced with concerns about ideal weights and appearance These interests were aggregated into public concerns about defining people as too fat and too thin Social constructionist perspectives can contribute to the understanding of weight problems because they focus attention on how these problems are created maintained and promoted within various social environments While there is much objectivist research concerning weight problems few studies address the socially constructed aspects of fatness and thinness This book however draws from and contributes to social constructionist perspectives The chapters in this volume offer several perspectives that can be used to understand the way society deals with fatness and thinness The contributors consider historical foundations medical models gendered dimensions institutional components and collective perspectives These different perspectives illustrate the multifaceted nature of obesity and eating disorders providing examples of how a variety of social groups construct weight as a social problem

**Feminism And Philosophy** Nancy Tuana,2018-02-06 The past twenty years have seen an explosion of work by feminist philosophers and several surveys of this work have documented the richness of the many different ways of doing feminist philosophy But this major new anthology is the first broad and inclusive selection of the most important work in this field There are many unanswered questions about the future of feminist philosophy Which of the many varieties of feminist philosophy will last and which will fade away What kinds of accommodations will be possible with mainstream non feminist philosophy Which will separate themselves and flourish on their own To what extent will feminists change the topics philosophers address To what extent will they change the very way in which philosophy is done However these questions are answered it is clear that feminist philosophy is having and will continue to have a major impact on the discipline of philosophy This volume is the first to allow the scholar the student and other interested readers to sample this diverse literature and to ponder these questions for themselves Organized around nine traditional types of feminist philosophy

Feminism and Philosophy is an imaginatively edited volume that will stimulate readers to explore many new pathways of understanding. It marks a defining moment in feminist philosophy and it will be an essential text for philosophers and for feminist theorists in many other fields. **The Culture of Obesity in Early and Late Modernity** E.

Levy-Navarro, 2008-02-04 This book offers the first sustained examination of fatness in the early modern period. Using readings of such major figures as Shakespeare, Jonson, Middleton, and Skelton, this book considers alternative ways that fat was constructed before the introduction of the modern pathologized category of obesity. Sociological Snapshots 5 Jack

Levin, 2008-06-11 The Fifth Edition of the best-selling *Sociological Snapshots* continues to provide a solid foundation for students as it introduces them to the world of sociological analysis. Combining abstract sociological concepts with interesting and grounded essays, snapshots on issues of contemporary interest, this book helps students discover relevant connections and encourages them to develop a sociological eye. By linking everyday life experiences to foundational concepts and concerns, it serves as an effective springboard from the student's familiar and concrete world to the more abstract realm of sociological theory and the sociological perspective. Student-friendly introductions preceding each section of the text provide rich context and tie the readings to the central concepts of sociological thought. While writing observation and data collecting exercises following each section encourage students to practice what they are learning. New to the Fifth Edition: Features updated topics and research within each essay. Includes five new snapshots on current issues: immigrants from Latin American countries, celebratory rioting by college students, hate as a mental illness, sex offenders, and violence on the national mall in Washington, D.C. Provides an updated annotated reading list at the end of each section connecting the informal essays to the more formal research literature of the discipline. Intended Audience: Using accessible language and an entertaining writing style, this book is a valuable supplementary text for Introductory Sociology, Social Change, or Modernization courses. Contributor to the SAGE Teaching Innovations and Professional Development Award. *The Anthropology of Food and Body*

Carole M. Counihan, 2018-10-24 *The Anthropology of Food and Body* explores the way that making eating and thinking about food reveal culturally determined gender power relations in diverse societies. This book brings feminist and anthropological theories to bear on these provocative issues and will interest anyone investigating the relationship between food, the body, and cultural notions of gender. Food and Gender Carole M. Counihan, Steven L. Kaplan, 2013-11-05 This volume examines

among other things the significance of food-centered activities to gender relations and the construction of gendered identities across cultures. It considers how each gender's relationship to food may facilitate mutual respect or produce gender hierarchy. This relationship is considered through two central questions: How does control of food production, distribution, and consumption contribute to men's and women's power and social position? and How does food symbolically connote maleness and femaleness and establish the social value of men and women? Other issues discussed include men's and women's attitudes towards their bodies and the legitimacy of their appetites. Fat Gay Men Jason Whitesel, 2014-07-25 To be fat in a

thin obsessed gay culture can be difficult. Despite affectionate in-group monikers for big gay men (chubs, bears, cubs), the anti-fat stigma that persists in American culture at large still haunts these individuals who often exist at the margins of gay communities. In *Fat Gay Men*, Jason Whitesel delves into the world of Girth Mirth, a nationally known social club dedicated to big gay men, illuminating the ways in which these men form identities and community in the face of adversity. In existence for over forty years, the club has long been a refuge and safe space for such men. Both a partial insider as a gay man and an outsider to Girth Mirth, Whitesel offers an insider's critique of the gay movement, questioning whether the social consequences of the failure to be height-weight proportionate should be so extreme in the gay community. This book documents performances at club events and examines how participants use allusion and campy queer behavior to reconfigure and reclaim their sullied body images, focusing on the numerous tensions of marginalization and dignity that big gay men experience and how they negotiate these tensions via their membership to a size-positive group. Based on ethnographic interviews and in-depth field notes from more than 100 events at bar nights, caf klatches, restaurants, potlucks, holiday bashes, pool parties, movie nights, and weekend retreats, the book explores the woundedness that comes from being relegated to an inferior position in gay hierarchies and yet celebrates how some gay men can reposition the shame of fat stigma through carnival camp and play. A compelling and rich narrative, *Fat Gay Men* provides a rare glimpse into an unexplored dimension of weight and body image in American culture.

*Voices of the Women's Health Movement, Volume 1* Barbara Seaman, Laura Eldridge, 2012-02-14. An unprecedented and definitive collection of rabble-rousing writings on women's health. *Voices of the Women's Health Movement* explores a range of provocative topics from reproductive rights to sexuality to motherhood. Trail-blazing advocate Barbara Seaman and health activist Laura Eldridge bring the revolutionary ideas of several generations together in this powerful new book, celebrating women's bodies and women's voices. The more than two hundred contributors include Jennifer Baumgardner, Susan Brownmiller, Phyllis Chesler, Angela Y. Davis, Barbara Ehrenreich, Germaine Greer, Shulamith Firestone, Charlotte Perkins Gilman, Erica Jong, Molly Haskell, Shere Hite, Susie Orbach, Judith Rossner, Alix Kates Shulman, Gloria Steinem, Sojourner Truth, Rebecca Walker, Naomi Wolf, and many others. With *Voices of the Women's Health Movement* for the first time every woman and girl can experience in one place the powerful history of stirring words and strong female perspectives that have inspired countless women to take control of their health and their lives. Volume One highlights include influential writings on birth control, menstruation, pregnancy and birthing, motherhood, menopause, abortion, and lesbian, bisexual, and transgender health.

*Obesity, Eating Disorders and the Media* Karin Eli, Stanley Ulijaszek, 2016-05-23. How do the media represent obesity and eating disorders? How are these representations related to one another? And how do the news media select which scientific findings and policy decisions to report? Multi-disciplinary in approach, *Obesity, Eating Disorders and the Media* presents critical new perspectives on media representations of obesity and eating disorders with analyses of print, online, and televisual media framings. Exploring abjection and alarm as

the common themes linking media framings of obesity and eating disorders Obesity Eating Disorders and the Media shows how the media similarly position these conditions as dangerous extremes of body size and food practice The volume then investigates how news media selectively cover and represent science and policy concerning obesity and eating disorders with close attention to the influence of pre existing framings alongside institutional and moral agendas A rich comprehensive analysis of media framings of obesity and eating disorders as embodied conditions complex disorders public health concerns and culturally significant phenomena this volume will be of interest to scholars and students across the social sciences and all those interested in understanding cultural aspects of obesity and eating disorders Interpreting Weight Jeffery

Sobal,2017-07-05 What is too fat what is too thin Interpretations of body weight vary widely across and within cultures Meeting weight expectations is a major concern for many people because failing to do so may incur dire social consequences such as difficulty in finding a romantic partner or even in locating adequate employment without these social and cultural pressures body weight would only be a health issue while socially constructed standards of body weight may seem immutable they are continuously recreated through social interactions that perpetuate or transform expectations about fatness and thinness Written by sociologists psychologists and nutritionists all of the chapters in this book focus on how people construct fatness and thinness examining different strategies used to interpret body weight such as negotiating weight identities reinterpreting weight and becoming involved in weight related organizations Together these chapters emphasize the many ways that people actively define construct and enact their fatness and thinness in a variety of settings and situations **It's**

**One O'clock and Here is Mary Margaret McBride** Susan Ware,2005-02-07 1950s confirming the enormous significance of radio to everyday life especially for women In the first in depth treatment of McBride Ware starts with a description of how widely McBride was revered in the mid 1940s the fifteenth anniversary party for her show in 1949 filled Yankee Stadium Once the readers have gotten to know Mary Margaret as everyone called her Ware backtracks to tell the story of McBride s upbringing her early career and how she got her start in radio The Trusting Ourselves Karen Johnson,1991 Definitive and

comprehensive Trusting Ourselves is the only book to cover every aspect of psychology as it applies to women This groundbreaking work will empower its readers to understand and make decisions about their psychological well being and treatment in much the same way Our Bodies Ourselves redefined women s health care In a radical reversal of the usual approach to psychological care which assumes that only the professional understands the problem Johnson strongly believes that women and their values perspectives and biases have merit and that most patients understand why they re not happy with their lives Trusting this self knowledge and taking action on one s own behalf provide a foundation for all the information in this book It is time to revise psychotherapy to incorporate a woman s perspective **American Behavioral**

**History** Peter N. Stearns,2005-10-01 From his founding of The Journal of Social History to his groundbreaking work on the history of emotions weight and parenting Peter N Stearns has pushed the boundaries of social history to new levels

presenting new insights into how people have lived and thought through the ages Having established the history of emotions as a major subfield of social history Stearns and his collaborators are poised to do the same thing with the study of human behavior This is their manifesto American Behavioral History deals with specific uses of historical data and analysis to illuminate American behavior patterns ranging from car buying rituals to sexuality and from funeral practices to contemporary grandparenting The anthology illustrates the advantages and parameters of analyzing the ways in which people behave and adds significantly to our social understanding while developing innovative methods for historical teaching and research At its core the collection demonstrates how the study of the past can be directly used to understand current behaviors in the United States Throughout contributors discuss not only specific behavioral patterns but importantly how to consider and interpret them as vital historical sources Contributors include Gary Cross Paula Fass Linda Rosenzweig Susan Matt Steven M Gelber Peter N Stearns Suzanne Smith Mark M Smith Kevin White

*Narrative Therapy* Catrina Brown, Tod Augusta-Scott, 2006-08-03 This volume is especially useful in demonstrating the effects of placing social discourses at the center of therapy It goes many sacred cows of the larger modernist therapeutic community but in doing so it offers new ideas for mental health professionals attempting to help their clients with common and serious life problems PSYCRITIQUES This compilation is an insightful read for practitioners who have not taken the opportunity to use narrative therapy in practice Experienced practitioners will certainly appreciate the theoretical analysis offered by the writers as well as the opportunity for reflective practice Narrative Therapy is a meaningful contribution to a Canadian book market lacking in clinical literature for social workers CANADIAN ASSOCIATION OF SOCIAL WORKERS Narrative Therapy Making Meaning Making Lives offers a comprehensive introduction to and critique of narrative therapy and its theories This edited volume introduces students to the history and theory of narrative therapy Authors Catrina Brown and Tod Augusta Scott situate this approach to theory and practice within the context of various feminist post modern and critical theories Through the presentation of case studies Narrative Therapy Making Meaning Making Lives shows how this narrative oriented theory can be applied in the client therapist experience Many important therapeutic situations abuse addictions eating disorders and more are addressed from the narrative perspective Rooted in social constructionism and emerging initially from family therapy narrative therapy emphasizes the idea that we live storied lives Within this approach the editors and contributors seek to show how we make sense of our lives and experiences by ascribing meaning through stories which themselves arise within social conversations and culturally available discourses Our stories don t simply represent us or mirror lived events they actually constitute us shaping our lives as well as our relationships Narrative Therapy will be a valuable supplemental textbook for theory and practice courses in departments of Counseling and Psychotherapy and of Social Work as well as for courses in Gender and Women Studies

**Second Thoughts** Janet M. Ruane, Karen A. Cerulo, 2019-06-06 Introducing students to core sociological concepts by debunking popular misconceptions Is it true that numbers don t lie Is America the



land of equal opportunity Is marriage a dying institution Oft repeated adages like these shape our beliefs about the society we live in Each essay in *Second Thoughts* reviews a conventional wisdom familiar to both instructors and students The authors introduce relevant sociological concepts and theories in order to explain qualify and sometimes debunk that conventional wisdom This unique text encourages students to step back and sharpen their analytic focus 23 engaging essays reveal the complexity of social reality and demonstrate the role of sociology in everyday life

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## Such A Pretty Face Being Fat In America Introduction

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