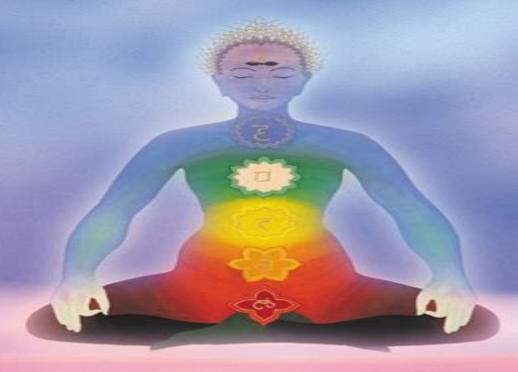
Subtle Aromatherapy

Patricia Davis



by the author of the best-selling aromatherapy book of all time Aromatherapy An A-Z

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Marcel Souza

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Subtle Aromatherapy Patricia Davis, 2011-08-31 Although the use of essential oils to help physical mental and emotional problems has been thoroughly investigated and described over the past few decades this is the first book devoted solely to their use on a subtle or spiritual level Written by the author of the best selling aromatherapy book of all time Aromatherapy An A Z it examines the applications of aromatherapy in personal and spiritual growth meditation and healing Topics covered include Vibrational Healing The Role of the Healer Methods of Use Chakra Energy Essential Oils and Crystals Meditation etc etc with detailed notes on the subtle properties of the individual oils Aromatherapy and Chakras Salvatore Battaglia, 2020-11-13 The aromatherapy and chakras workshop that I have been teaching for over 20 years has always been my most popular workshop It is an excellent way to incorporate my passion for essential oils within a holistic framework to promote personal and spiritual growth Many of us are aware of chakras and have some understanding of how they influence our wellbeing however the origins of chakras are shrouded in mystery In Aromatherapy and Chakras balancing your body s energy centres for optimal health and wellbeing I will demystify the origins of the chakras I share with you my personal journey into the chakras and provide you with my interpretation of how we can use chakras to reconnect our body mind and spirit I hope that this book provides you with insight to use essential oils within a holistic framework of the Western concept of chakras as psycho energetic centres and energy medicine I introduce you to the principles of subtle therapies and energy medicine We examine the scientific evidence for the existence of chakras and review the results of a study that confirms the relationship between the chakras and essential oils We examine how modern Western psychology and transpersonal psychologists are using chakras to provide us with a more holistic framework of understanding human consciousness We examine each of the major seven chakras in detail examining the influence that each chakra has on our psyche and wellbeing what to expect when the chakra is balanced or not balanced and most importantly strategies to keep the chakras balanced Handbook of Essential Oils K. Husnu Can Baser, Gerhard Buchbauer, 2020-08-10 Handbook of using essential oils Essential Oils Science Technology and Applications presents the development use and marketing of essential oils Exciting new topics include insecticidal applications but there is a continued focus on the chemistry pharmacology and biological activities of essential oils The third edition unveils new chapters including the insect repellent and insecticidal activities of essential oils the synergistic activity with antibiotics against resistant microorganisms essential oil applications in agriculture plant insect interactions and pheromones and contaminants in essential oils Features Presents a wide range of topics including sources production analysis storage transport chemistry aromatherapy pharmacology toxicology metabolism technology biotransformation application utilization and trade Includes discussions of biological activity testing results of antimicrobial and antioxidant tests and penetration enhancing activities useful in drug delivery Covers up to date regulations and legislative procedures together with the use of essential oils in perfumes cosmetics feed food beverages and

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The Personalised Consultation in Aromatherapy Annie Prince, 2025-03-21 At the heart of any client care in aromatherapy is the therapeutic relationship Nurturing a healthy and meaningful connection between a therapist and their client allows for a much more profound contribution to the success of any aromatherapy treatment This evidence based guide provides an in depth explanation of the therapeutic alliance and why connection in a technology dominated world is so important It also offers practical guidance on how to foster a healthy relationship through active listening and somatosensory awareness Emphasis is placed on making the client feel safe and at ease and creating a bespoke practice based on flexibility

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