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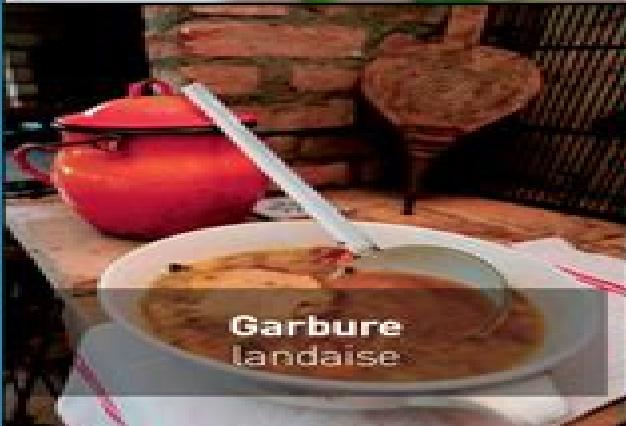
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# Sudouest Gourmand

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## Sudouest Gourmand:

**Le sud-ouest gourmand** Michel Guérard, Victoire de Montesquiou, 1993      Pau Pyrenees Region Robin Gauldie, 2005

**Guide de poche de l'intuition** Alexis Champion, Marie-Estelle Couval, 2024-01-10 Une méthode sur mesure pour mieux se connaître et prendre les bonnes décisions Cet ouvrage présente une méthode pratique qui a fait ses preuves pour développer l'intuition. D'évelopper notre intuition nous permet non seulement de recueillir de l'information mais également de nous familiariser avec notre propre fonctionnement mental et corporel. Car l'intuition qui active notre corps et notre cerveau de manière bien spécifique fait appel toutes nos facultés les sens de la vue de l'ouïe de l'odorat du toucher du goût sont mis en contribution pour nous donner des informations sur toutes sortes d'éléments de lieux de personnes. IRIS est une méthode qui reprend des techniques du remote viewing afin de les utiliser comme puissants leviers de progression sur la connaissance de soi. Alexis Champion est docteur en Informatique spécialisé en intelligence artificielle. Il fonde en 2008 l'IRIS Intuition société de l'enseignement et l'utilisation de l'intuition. Il introduit alors les applications de l'intuition consciente en France. Avec les équipes d'IRIS il mène des projets de conseils d'animation d'ateliers et de formation. Marie Estelle Couval est juriste d'entreprise de formation Forme l'intuition elle intègre IRIS en 2013. Elle y crée et anime des formations pour les particuliers et les entreprises et intervient aussi en tant qu'intuitive professionnelle pour des projets variés allant du bancaire à l'archéologie.

*Revue de l'Agenais et des anciennes provinces du Sud-Ouest, historique, littéraire, scientifique & artistique* Fernand Lamy, 1876      *Sur la viticulture du sud-ouest de la France* Jules Guyot, 1862      **Revue de l'Agenais et des anciennes provinces du Sud-Ouest, historique, littéraire, scientifique & artistique** Fernand Lamy (i.e. Louis Ferdinand), 1916

*Sur la viticulture du sud-ouest de la France. Rapport, etc* Jules GUYOT, 1862      **Journal de médecine de Bordeaux et de la Région du Sud-Ouest**, 1922      *P'tit Normand 2006 (28e édition)* Collectif, 2006      *La vigne en France et spécialement dans le Sud-Ouest* Romuald Dejernon, 1866      *Rucher du Sud-Ouest*, 1873 Vol 1 contains Société d'apiculture de la Gironde Statuts      **The Europa Directory of Literary Awards and Prizes** Europa, 2015      **Revue philomathique de Bordeaux et du sud-ouest**, 1925      *Les trésors gourmands de Wallonie* Chantal Van Gelderen, Philippe Saenen, 1999

*Revue illustrée du tout Sud-Ouest*, 1905      Voyage dans le sud-ouest de l'Afrique Thomas Baines, 1880      Revue de l'Agenais et des anciennes provinces du sud-ouest, 1875      *Mediasig 2011* La Documentation Française, 2011-02

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