

*A sourcebook for*  
**HELPING  
PEOPLE  
WITH  
SPIRITUAL  
PROBLEMS**

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EMMA BRAGDON, Ph.D.



# Sourcebook For Helping People In Spiritu

**Emma Bragdon**



## **Sourcebook For Helping People In Spiritu:**

**A Sourcebook for Helping People with Spiritual Problems** Emma Bragdon,1993      **A Sourcebook for Helping People with Spiritual Problems** Emma Inc. Bragdon,2012-11 As more people practice meditation yoga and participate in workshops for personal transformation increasing numbers of them are having experiences related to spiritual awakening The problem is they don t know the territory An intense spiritual experience can seem overwhelming and scary and even be confused with going crazy This practical book is the classic text newly updated in 2006 3rd edition defining the problems that can arise when someone is disoriented by intense spiritual experiences It is a valuable resource for anyone interested in spiritual experiences and their relationship to mental health and mental illness It distinguishes the differences between various mental pathologies and indicators of spiritual awakening It clearly describes the kind of care one needs in a spiritual emergency process and how the care is dramatically different than conventional psychiatric treatment It traces the history of how signs of spiritual awakening have been perceived in the past Graduate schools of psychology use this book as a text because it is such a clear statement about the nature of spiritual crises and appropriate treatment However it is written in a style that is also appropriate for any adult reader The author a transpersonal psychologist has written five other books on spiritual healing and awakening The title of the first edition of this book was **A Sourcebook for Helping People in Spiritual Emergency** and was published in 1988      **The Call of Spiritual Emergency** Emma Inc. Bragdon,2012-08-16 A feast of revealing narratives expose the amazing story of how people deal with critical points in personal transformation also known as spiritual emergency With the increase of interest in yoga meditation mental health recovery and recovery from addiction there is renewed interest in care that is not based on medication as much as empathy and compassionate companionship This book helps anyone who doesn t have a language to understand intense inner experiences and confuses them with mental illness If you have felt disoriented by intense spiritual experiences this book will help you understand where you are and where you may be heading It is a map of the journey of spiritual awakening written by a psychologist who knows the territory well Reading it may make the difference between heading off to the hospital to get drugs to stop the symptoms or staying home and knowing you are OK Just because you have had a conversation with your spirit guide or talked to the spirit of someone who has passed away doesn t mean you are having a breakdown It could mean you are having a breakthrough to a higher level of functioning The author is a psychologist and knows the territory      **The End of Materialism** Charles T. Tart,2009 Ideal for scientifically minded individuals curious about life s spiritual side as well as spiritually inclined people seeking to back up their beliefs this book offers evidence for the existence of telepathy precognition and psychic healing

**A Sourcebook for Helping People in Spiritual Emergency** Emma Bragdon,Spiritual emergence Network,1987      **What Counsellors and Spiritual Directors Can Learn from Each Other** Peter Madsen Gubi,2017-04-21 This new collection explores the intersection of spiritual direction and counselling It considers the ways in which they can enhance each other to provide

better therapeutic and pastoral care      Spiritism and Mental Health Emma Bragdon, 2013-02-15 An account of the philosophy theory practical applications and wider relevance of Spiritist therapies to be published in the English language It explores how Spiritist centers and psychiatric hospitals are established and financed with specific examples from Brazil and the USA      *Kardec's Spiritism* Emma Inc. Bragdon, 2012-11 Especially of interest to those involved with healing and healthcare The first book to describe contemporary spiritual healing centers in Brazil including a psychiatric hospital where spiritual healers collaborate with conventionally trained healthcare professionals There are more than 12 000 of these centers in Brazil 20 40 million Brazilians use this resource for spiritual growth healing and to maintain wellness These Centers welcome people of all religions and cultures offering effective forms of healing as a free service The introduction to the philosophy of Spiritism is presented in a clear easy to understand manner The description of the methods for healing used over more than 150 years demonstrate that Brazil has developed an effective model of integrative health care The author spent half of each year 2001 2012 in Brazil studying these centers and hospitals She is a psychologist teacher prolific author and pioneer in the area of healing and spiritual awakening She suggests that importing components of Brazil's Spiritist Centers could help us improve our ailing healthcare system      *Resources for Extraordinary Healing* Emma Bragdon, 2013-02 Sixteen million Americans 5% of our population are crippled by serious mental illness according to the National Institute of Mental Health A lead article in Reuters News in August 2011 reported that 40% of people 201 million in the European Union are mentally ill or have brain disorders The numbers of mentally disabled from tots to seniors needing supplemental income supplied by their governments is swelling at an alarming rate In the USA it's 6 times what it was in 1955 Can one recover from serious mental imbalance How These questions are increasingly important to emotionally disturbed people and the governments supporting them It's crazy but top research psychiatrists now admit We still don't know the cause of most mental illness indicators show it is not a broken brain that can be fixed by medications *Resources for Extraordinary Healing* exposes a new paradigm about the causes of mental disturbances and maps pathways to full recovery An effective model of care from Brazil that has been developed since the 1930s is described The treatment addresses biological psychosocial and spiritual issues not separately but together The collaborating healthcare team is made up of medical doctors psychiatrists medical intuitives and spiritual healers Trained volunteers bring compassionate understanding and companionship It is more cost effective than our system Compelling stories point to accessible resources in the USA that are similar to what Brazil offers Contact information is well organized making this book an excellent guide and an inspiring reference for patients their families psychotherapists psychiatrists and healthcare providers It will be of value anywhere people seek information compassionate care and illuminating perspective on recovering mental health      **Transpersonal Ecosophy, Vol. 1: Theory, Methods and Clinical Assessments** Mark A. Schroll, 2016-01-24 The image on the cover of this book represents the idea that brain state alterations at sacred sites allow us to re-experience memories that are woven into

the morphogenetic fields of that place an idea that originates with Paul Devereux's empirical enquiry into dreams at sacred sites in Wales and England. This book examines how this investigation provides us with a new way of understanding consciousness and a new direction toward a reconciliation of the divorce between matter and spirit. We explore the work of David Lukoff and Stanislav and Christina Grof, the connections between the varieties of transformative experience in dream studies, ecopsychology, transpersonal psychology, and the anthropology of consciousness, as well as the overlap between David Bohm's interpretation of quantum theory and Rupert Sheldrake's hypothesis of formative causation.

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