

7 Ways to Be a Savvy Healthcare Consumer



Understand your insurance coverage



Take advantage of additional tools and services



Ask for pricing transparency



Shop around for services and get a second option when appropriate



Review your health insurance bill after a procedure



Know where to go



Don't skip preventive care

The Health Care Consumer Guide

**Francis V. Chisari, Robert M.
Nakamura, Lorena Thorup**



The Health Care Consumer Guide:

Health Care Handbook Mark Cromer,1997 Healthcare, Insurance, and You Lisa Zamosky,2013-09-30 Healthcare is changing and you need to know how and what to do about it Getting good medical care shouldn't be so confusing or so costly Healthcare Insurance and You simplifies the many confusing details about our healthcare system so you can make informed decisions Result Better health at lower cost With the advent of healthcare reform things are changing especially when it comes to insurance Most people will now have to buy insurance Do you know where to get a policy or what to look for in one Did you know more people will now qualify for free or subsidized healthcare Even if you get insurance through work you'll face new choices that you'd better understand to maintain your peace of mind As this book shows the failure to understand how insurance and the healthcare system work can have a major impact on your physical and financial health Healthcare Insurance and You is an easy to use guide that explains the main challenges you face when trying to get excellent healthcare choosing the best insurance policy for your situation finding the right doctor or hospital buying prescription drugs the least expensive way picking out the right Medicare plan or fighting for your rights when dealing with insurers or medical providers Healthcare Insurance and You includes tips resources and strategies for navigating the healthcare system and avoiding common mistakes so you can get the best healthcare for you your family or your organization without breaking the bank This book shows you How to choose a health plan that best meets your medical and financial needs including new options under the Affordable Care Act Ways to cut through red tape and fight billing errors and claim denials What businesses need to know about offering or not offering insurance to employees How to plan ahead for a disability or forend of life care Healthcare costs rank high on the list of money concerns Americans have And when it comes to getting great healthcare for you and your family and avoiding crippling medical bills knowledge is power Healthcare Insurance and You is a practical guide that explains the complicated healthcare system in plain language and puts the power of good health back in your hands **The Consumer's Guide to Health Care** Francis V. Chisari,Robert M. Nakamura,Lorena Thorup,1976 **The Consumer's Guide to Health Care** Francis V. Chisari,Robert M. Nakamura,Lorena Thorup,1976 **Consumer Guide to Long-term Care** Gary Ilminen,1999 The clear concise and easy to follow format provides critical information needed to make difficult decisions A must read for adult children of the elderly and anyone working in long term care Pamela M Mokler gerontologist Author lectures **Making Sense of Health Care Plans** Lindell C. Northup,1986 *Consumers' Guide* ,1945 Consumers' Guide United States. Agricultural Adjustment Administration,1939 *Consumers' Guide to Health Plans* ,1996 **How to Get the Health Care You Want** Laura L. Casey,2007-03 In the labyrinth of modern healthcare many patients lose out at some time or another to confusion bureaucracy inefficiency and uncaring providers Without a savvy guide to differentiate good providers from bad many of these patients are stuck with the luck of the draw when it comes to treating their illnesses Laura Casey's How to Get the Health Care You Want addresses this problem head on with proactive

solutions that put the patient or patient's advocate back in control to secure the best available care. This book will help you navigate all the ins and outs of modern medical care with straightforward and helpful steps to improving the quality and efficiency of care. It addresses the topics most readers will be concerned about such as how to work with uncooperative medical professionals or their staff, how to demystify insurance policies and clinician qualifications, and ways to handle billing errors and insurance disputes.

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