

**Sports-Exercise and Human  
Performance Sciences**

**Medical-Clinical and Allied  
Health Sciences**

**Medical-Clinical and Interventional Physiology,  
Musculoskeletal Medicine and Surgery, Physical Medicine and Rehabilitation, and  
General-Specific and Emergency Medicine etc**

**Performance-  
related Sports and  
Exercise Physiology**

**Clinical Exercise  
Physiology**

**Sports  
Medicine**

**Exercise  
Medicine**

**Sports and Exercise Medicine (SEM)**

- Comprehensive health management, medical care, treatment and management of sports and exercise related illnesses, injuries and medical problems, including 'return to sport or play' decision making.
- Medical care of team and events including pre-participation physical examination, emergency SEM, traumatology and team travel etc.
- Performance enhancement by training, nutrition, psychology and other scientific interventions etc.
- Sports pharmacology, antidoping, substance or drug abuse and other ethical issues including personal physician vs team physician conflict.
- Physical activity and medical care in challenging environments & situations of altered physiology, like at extreme altitude or depth and environments etc.
- Sports and exercise in specific groups or special subpopulations (paediatric, female, aging, disabled, extreme and adventure sport athletes etc).
- Physical activity and health, including therapeutic use of exercise and its prescription for optimal health, fitness and in chronic disease states etc.

# Sports And Exercise Medicine

**TD Snyder**



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