

# COMMON SPORTS INJURIES

PAIN MANAGEMENT  
NEW YORK CITY



**Sprains and Strains**



**ACL Tear**



**Tennis Elbow**



**Fractures**

Without timely and proper treatment, sports injuries can hinder your progress significantly, no matter what your level of participation is.



# Sports Injury Management

**Mike Bundy**

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the name bar.

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