# ACTN3 and ACE genes in sports performance

d	Gen ACTN3		Gen ACE	
port	Homozygous RR	Homozygous XX	Homozygous DD	Homozygous II
Power	+	-	+	1
Speed	+		1	1
*	1	1	1	+

Endurance



# **Sports Genes**

L Cohen

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