



Sport And Aging

**Sérgio Rocha Piedade, Mark R.
Hutchinson, David Parker, João
Espregueira-Mendes, Philippe Neyret**

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Sport and Aging Barry D. McPherson, 1986 Olympischer Kongress Alter **Sports and Aging** Gerald R. Gems, 2022-06
2023 Choice Outstanding Academic Title In Sports and Aging a wide ranging group of physically active people including many scholar athletes fifty years and older discuss sports in the context of aging and their own athletic experiences This collection of personal accounts includes a spectrum of contributors across genders social classes and racial ethnic national religious and educational backgrounds to determine whether there are any common characteristics that can promote long happy healthy and meaningful lifespans In this fresh look at the role of sports in the process of aging contributors range from a ninety six year old great grandmother to a former Olympian Many contributors have used education to better their lot in life or to find solace and meaning in the service of others For all sports or physical activity has enhanced their health and temperament and provided a sense of community **The Masters Athlete** Joe Baker, Sean Horton, Patricia Weir, 2009-09-10
Masters athletes are those that continue to train and compete typically at a high level beyond the age of thirty five and into middle and old age The study of masters athletes enables us to better understand the benefits of and motivations for life long involvement in physical activity This is the first book to draw together current research on this important topic **Sports and Aging** Gerald R. Gems, 2022-06 In Sports and Aging a wide ranging group of physically active people including many scholar athletes discuss sports in the context of aging and their own athletic experiences Physical Activity and Sport in Later Life Emmanuelle Tulle, Cassandra Phoenix, 2016-04-29 This volume addresses key issues such as the cultural and discursive context in which physical activity is discussed the process of becoming physically active the role of care settings in enabling physical activity pleasure gender and place and space **Physical Activity and Ageing** Steve Bailey, 2001 This title addressing the topic of physical activity and ageing contains contributions from several sport science disciplines The articles cover the prevention of osteoporosis exercise and training in ageing assessing the physical performance of older adults and more Exercise and the Elderly Marian E. Beratan, 1989 Take on Aging as a Sport Sharkie Zartman, 2016
Health and Elite Sport Joe Baker, Parissa Safai, Jessica Fraser-Thomas, 2014-10-17 Health and Elite Sport is the first book to critically examine the relationship between participation in high performance sport and health outcomes Drawing on theory and empirical data from a wide range of disciplines including sociology developmental psychology epidemiology and physical education the book explores the benefits and detriments of participation in elite sport for both individuals athletes coaches spectators and communities Written by a team of leading international sport researchers the book examines key issues including Talent identification and young athletes Abuse in sport Positive youth development through sport Athlete health in periods of transition Health sport and the family Health in professional sport The Olympics Paralympics and public health Long term effects of participation in elite sport Highlighting the connections and contradictions between high performance sport and health the book also discusses the clear and important implications for our socio cultural political and

developmental understanding of sport Health and Elite Sport is fascinating and important reading for all students and researchers with an interest in youth sport sports development sport policy sports coaching exercise and health physical education the sociology of sport or the sociology of health Sport, Le Troisième Millénaire International Olympic Committee,1991

Sport and Exercise Psychology: The Key Concepts Ellis Cashmore,2006-02-06 Psychology is an integral element of sport today from the applied techniques of coaches and athletes to the socio psychological behaviour of sport fans Sport and Exercise Psychology The Key Concepts offers an introductory guide to the vocabulary of sport psychology to its central theories and most important avenues of research and to its application in sports performance Modern and historical illustrations are used throughout the text while an extensive bibliography and index ensure that the book is an indispensable research tool for any student of sport psychology *Exercise, Aging, and Health* Sandra O'Brien Cousins,1998 First Published in 1998 Routledge is an imprint of Taylor Francis an informa company Current Bibliographies in Medicine ,1989

The Oxford Handbook of Sport and Performance Psychology Shane Murphy,2012-08-16 The Oxford Handbook of Sport and Performance Psychology includes the latest research and applied perspectives from leaders in the field of performance psychology Current and comprehensive this foundational volume presents sport and performance psychology from myriad perspectives including individual psychological processes in performance such as attention imagery superior performance intelligence motivation anxiety confidence cognition and emotion the social psychological processes in performance including leadership teamwork coaching relationships moral behavior and gender and cultural issues human development issues in performance such as the development of talent and expertise positive youth development the role of the family end of involvement transitions and both youth and masters level sport and physical activity programs interventions in sport and performance psychology and counseling of performers in distress including such important issues for all performers as appearance and performance enhancing drug use injuries managing pain eating and weight issues burnout and the role of physical activity in maintaining health The chapters collected here also cover the history of sport and performance psychology the scope and nature of the field ethical issues in sport and performance psychology performance psychology in the performing arts and other non sporting fields perfectionism and performance the role of the performance coach and of the sport psychologist with a coach and team supervision and a look ahead to the future of the field

Learning Culture through Sports Sandra Spickard Prettyman,Brian Lampman,2010-09-16 In today s culture sports wield a weight influence this influence however is rarely examined Similar to the first edition this second edition of Learning Culture Through Sports provides coaches educators parents and others dealing with students and athletes with an engaging and critical context for probing the sociological basis of this influence The book s sections each address a particular issue in sport youth and sport gender and sexuality race and ethnicity sport media and big business and international perspectives on sport and participation Leading experts in the field present new

and exciting avenues for exploring sport in our world allowing us to recognize its tremendous influence both positive and negative in our lives and in our world This new edition also includes cutting edge research examining contemporary issues and controversies surrounding sport today These issues analyzed from multiple perspectives will inspire readers to change the game in positive ways

Sport Psychology Ellis Cashmore, Ernest Cashmore, 2002 Sport psychology is no longer just an academic subject it is a discipline studied and applied by all those associated with sport whether athletes coaches journalists or fans This text concerns key topics in the field of sport psychology

Modeling Human Potential Across the Lifespan Michael John Stones, Joseph Baker, 2020-03-13

Doing Real World Research in Sports Studies Andy Smith, Ivan Waddington, 2013-10-23 Traditional research methods textbooks tend to present an idealized and simplistic picture of the research process This ground breaking text however features leading international sport researchers explaining how they actually carried out their real life research projects highlighting the practical day to day problems false starts and setbacks that are a normal part of the research process This book focuses on ten pieces of research that have made a distinctive and valuable contribution to the study of sport For each one the author of that research explains how the project was conducted and the issues that they faced In addition each piece of research has a commentary from a leading sport scholar outlining why it is regarded as being an important contribution to the discipline of sport studies and how that research can inform studies being carried out today Contributors to the book describe how in their own real life research projects they initially conceptualized and defined their research projects secured funding and or sponsorship from relevant bodies handled enforced changes to the research plans confronted overcame obstacles presented by outside bodies managed inter personal emotional relationships in the research encounter managed possible threats to their personal safety or physical integrity managed good luck bad luck and serendipitous findings dealt with favourable and hostile media reaction to research findings Doing Real World Research in Sport Studies enables students and researchers to develop a more realistic understanding of what the research process actually involves It charts the development of key research projects in sport and should be essential reading for any sport research methods course

The Oxford Handbook of Sport and Society Lawrence A. Wenner, 2022 The Oxford Handbook of Sport and Society is the premier comprehensive and interdisciplinary work for readers looking to understand key areas of inquiry about the role and impacts of sport in contemporary culture Through fifty seven chapter treatments from leading international scholars on sport s impact on key aspects of our lives the Handbook is essential reading for any reader trying to understand the outsized ways in which sport has become more than a game

Sideline Management in Sports Sérgio Rocha Piedade, Mark R. Hutchinson, David Parker, João Espregueira-Mendes, Philippe Neyret, 2024-01-13 This book is a comprehensive reference guide for team physicians to manage common or rare clinical issues that may occur on the sidelines and field of play in recreational professional or elite sports Musculoskeletal injuries and health related clinical issues that may occur on the field of play can directly impact the

ability of athletes to safely participate in sport. Indeed, the ability to urgently respond to the myriad of health-related issues is critical during both sideline and event coverage. The variety of challenges may be more prevalent according to the type of sport, the athlete's physical condition, the field of play, the level of competition, as well as the environmental conditions. Initial assessment, proper investigation of athletes' clinical complaints and findings, followed by a well-practiced intervention protocol, play an essential role in optimizing the outcome of each case. Written by an international team of experts and published in partnership with ISAKOS, this book is an excellent source of knowledge for sports physicians, orthopedists, and physiotherapists alike.

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