

Mental Health Admissions to Paediatric Wards Study (MAPS): protocol of a prospective study of mental health admissions to paediatric wards in England using surveillance and qualitative methods

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ABSTRACT

Introduction Children and young people (CYP) presenting with a mental health (MH) crisis are frequently admitted to general acute paediatric wards as a place of safety. Prior to the pandemic, a survey in England showed that CYP occupied 6% of general paediatric inpatient beds due to an MH crisis, and there have been longstanding concerns about the quality of care to support these patients in this setting. MAPS aims to generate a Theory of Change (ToC) model to improve the quality of care for CYP admitted to acute paediatric services after presenting with an MH crisis. Here, we describe work packages (WPs) 2 and 3 of the study, which have been granted ethics approval.

Methods and analysis We will undertake a national (England), sequential, mixed-methods study to inform a ToC framework alongside a stakeholder group consisting of patients, families/carers and healthcare professionals (HCPs). Our study consists of four WPs undertaken over 30 months. WP2 is limited to working with stakeholders to develop a data collection instrument and then use this in a prospective study of MH admissions over 6 months in 15 purposively recruited acute paediatric wards across England. WP3 consists of gathering the views of CYP, their families/carers and HCPs during admissions using semistructured interviews.

Ethics and dissemination WP2 and WP3 received ethical approval (ref: 23/L0/0349). We will publish the overall synthesis of data and the final ToC to improve care of CYP with MH crisis admitted to general acute paediatric settings. As co-producers of the ToC, we will work with our stakeholder group to ensure wide dissemination of findings. Potential impacts will be upon service development, new models of care, training and workforce planning.

PROSPERO registration number CRD42022350655.

WHAT IS ALREADY KNOWN ON THIS TOPIC

- There is evidence that both the number of paediatric admissions and the severity of MH crisis in CYP have increased.
- Children's wards are not designed to treat unwell CYP with MH problems and sometimes HCPs working on them haven't had enough training.
- HCPs from children's wards are reporting that they are finding supporting CYP admitted with MH problems challenging.

WHAT THIS STUDY ADDS

- This study will characterise admissions in terms of sociodemographic factors, diagnoses and factors influencing decisions to admit CYP to paediatric wards for primary MH problems.
- This study will describe the views and experiences of CYP, families/carers and HCPs during MH admissions to paediatric wards.
- This study will generate a ToC model to positively impact the quality of care for CYP admitted to paediatric services because of a MH crisis.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

- By producing a ToC approach, we expect to generate a system map to identify transformation plans to share with policymakers, commissioners, service leads and professionals.
- Our data and outputs will enable advocating for and improving cultural views on CYP with MH crises as part of the acute paediatric system.

INTRODUCTION

Children and young people (CYP) presenting with a mental health (MH) crisis are frequently admitted to general acute paediatric wards as

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