

Studies in counselling training

Edition by Hazart Johns



Studies In Counselling Training Balancing Acts

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Studies In Counselling Training Balancing Acts:

Balancing Acts Hazel Johns, 1998 This volume traces the modern critical and performance history of this play one of Shakespeare s most loved and most performed comedies The essay focus on such modern concerns as feminism deconstruction textual theory and gueer theory Balancing Acts Hazel Johns, 2002-09-11 This book examines the philosophy and constructs of counselling training and the means by which students and trainers manage the complex demands placed upon them during the training process The three main sections of the book explore key aspects of being trainers the pressures and stresses involved issues of gender and power the complexities of co training elements of training academic and voluntary settings negotiated and reflective learning assessment issues arising from the functions of groups experiences of being trainees first hand accounts from practitioners of the challenges they faced in their training The counsellors trainers and supervisors who share their research and experience as reflective practitioners provide a clear analysis of the balancing act involved in any adult learning Personal Development in Counsellor Training Hazel Johns, 2012-03-05 This book provides the answers to that all important question what are personal and professional development and why are they necessary for counsellors This new edition explores the importance of personal development and the core concepts that underpin it the aims commonalities and differences of personal development in different settings and levels of training the key differences in theoretical approaches and their implications for personal development communication and relationships between counsellors and professional organizations society and the virtual world with all its demands on identity privacy and congruence the trainee and trainer and the challenges of personal development Packed full of vivid accounts of personal experiences questions and points for reflection this book will prove an essential companion for anyone wishing to grow personally and professionally as a therapist Hazel Johns is a Fellow of BACP and has been for many years a trainer supervisor and BACP accredited counsellor The Handbook of Counselling Psychology Barbara Douglas, Ray Woolfe, Sheelagh Strawbridge, Elaine Kasket, Victoria Galbraith, 2016-02-12 This fourth edition provides the most comprehensive guide to the field of counselling psychology exploring a range of theories and philosophical underpinnings practice approaches and contexts and professional issues It has been updated to reflect current issues and debates and to map onto the training standards and offers the ultimate companion for your journey through counselling psychology training and into the workplace New to the fourth edition Chapters on Person Centred Therapy Mindfulness Neuroscience Engaging with and Carrying out Research Reflective Practice International Dimensions and Ecopsychology A companion website offering hours of video and audio including conversations with counselling psychology practitioners and trainees and articles exercises and case studies Other new features include Further Reading Day in the Life of dialogues with practitioners Reflective Exercises and Discussion Points and new case studies Special attention has been paid to the topic of research both as a theme throughout the book and through four new chapters covering the use carry out and publication of research at

different stages of training and practice The handbook is the essential textbook for students and practitioners in the field of counselling psychology and allied health professions at all stages of their career and across a range of settings both in the UK Choosing a Counselling Or Psychotherapy Training Sylvie K. Schapira, 2002-05-03 Takes the reader through all the stages of the therapeutic training path looking at everything from starting a course to employment prospects Informative and realistic Personal and Professional Development for Counsellors, Psychotherapists and Mental Health Practitioners John McLeod, Julia McLeod, 2014-04-16 This book provides a comprehensive accessible and research informed approach to personal development issues associated with the role of a counsellor therapist or mental health practitioner Written by leading authors in the field the book is designed to help both trainees and experienced therapists to be more effective in their work with clients by Deepening and consolidating their understanding of all aspects of personal and professional development Making use of their personal strengths resources and life experience Drawing on colleagues mentors and the wider professional community as sources of learning support and inspiration. The first part of the book explains the nature of the personal and professional development issues that are experienced by therapists The second part provides a set of learning tasks that invite reflection on all aspects of therapist development This engaging and accessible book reminds us that like our clients counsellors are works in progress Although written primarily for trainee counsellors there is much here for the experienced therapist supervisor group leader or counselling course trainer to admire and to learn from Therapy Today July 2014 John and Julia McLeod have written a superb text that is a rich personal development resource for students practitioners and lecturers Mark Widdowson Lecturer in Counselling and Psychotherapy University of Salford UK The book offers an excellent resource for counselling psychotherapy and mental health trainers with rich resources to inform student and tutor work I highly recommend this valuable addition to the resource and knowledge base Lynne Gabriel Associate Professor York St John University UK A fantastic book This is a comprehensive engaging and valuable resource that integrates theory and research in an accessible and relevant way Steff Revell Lecturer Counselling and Psychotherapy University of Cumbria UK This book offers an invaluable resource for counselling trainers and students alike It succinctly maps out the terrain of personal and professional development and the importance of these concepts for practice Brian Rodgers Lecturer in Counselling The University of Queensland Australia Race, Culture And Counselling Lago, Colin, 2005-11-01 This substantially revised edition builds upon the foundations laid down in the first edition which addressed amongst other subjects issues of race and power cultures and their impact upon communication and a review of the dominant theoretical discourses influencing counselling and psychotherapy and how these might impact upon mixed identity therapeutic relationships The Essential Skills for Setting Up a Counselling and Psychotherapy Practice Gladeana McMahon, Stephen Palmer, Christine Wilding, 2013-12-19 Many practitioners consider setting up in private practice at some point in their career whether full time or alongside other employment The Essential Skills for Setting Up a Counselling and

Psychotherapy Practice provides comprehensive yet accessible coverage of all the major skills needed to succeed Based on the authors extensive experience this book provides a valuable insight into how to minimise the risks associated with working privately offering practical advice on how to keep a balance between self development personal health and meeting the needs of clients whilst maintaining high standards and making a reasonable living Acknowledging the fact that being a good therapist may not in itself be sufficient to be successful in self employment the authors discuss the need for sound business skills professional development self knowledge and motivation Divided into three sections the book covers all the essential business professional and personal skills and includes discussion of subjects such as insurance finance legal issues marketing stress management security and retirement planning The focus on skills and how to acquire and develop them makes this book an invaluable reference for all mental health professionals who are considering setting up their own private practice This book will prove to be an invaluable reference for all mental health professionals who are considering setting up their own private practice Counselling Skills in Context Members British Association, 2001-06-29 Published in association with the BACUP this textbook provides the required knowledge for counselling skills qualifications. The book relates to the activity of counselling skills and addresses the context and roles in which these skills are used Each chapter of the book contains information and practical activities which are designed to test knowledge The book offers comprehensive coverage of the following areas Ethics and processes including the description of the difference between counselling skills and counselling Life stages Theoretical perspectives Values attitudes and beliefs Listening skills Settings Bullying and harassment Mentoring The book is ideal for students on counseling skills courses and those using counseling skills in a variety of different environments Personal Development Groups for Trainee Counsellors Jayne Godward, Heather Dale, Carole Smith, 2019-10-01 Personal development PD groups are a key feature of many counsellor training programmes Personal Development Groups for Trainee Counsellors An Essential Companion is a comprehensive and accessible study guide written by experienced tutors and lecturers to support students with their PD group work and other personal development activities helping students to get the most out of these experiences This essential resource is aimed primarily at those who are new to counsellor training It will also be useful for anyone who wants to understand more about the nature of PD groups and how these can be used effectively Case studies questions and activities encourage readers to reflect on different topics and on themselves including looking at how to improve self care and how mindfulness can help The book looks at the historical background to PD groups how they can be used effectively and also real life experiences from both tutors and recent students Other chapters invite the reader to develop their self awareness through gaining an understanding of how ethics relationships and identity are developed There is a discussion about the merits or otherwise of mandatory personal therapy for trainees and also a discussion about the use of supervision Finally other important aspects of personal development are discussed including personal therapy supervision self care and mindfulness Personal Development

Groups for Trainee Counsellors will be of use to counsellor trainees on undergraduate and postgraduate diplomas to introduce them to PD groups and other essential activities It will also be highly informative to those who are on counselling certificate courses to introduce them to aspects of personal development as well as for tutors to support them in their work as PD group facilitators

Reviewing Studies In Counselling Training Balancing Acts: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Studies In Counselling Training Balancing Acts**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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