



# SMART MOVES

A KID'S GUIDE TO SELF-DEFENSE

CHRISTOPHER J. GOEDECKE • ROSMARIE HAUSHERR

# Smart Moves A Kids Guide To Self Defense

**Lingsheng Yao**



## Smart Moves A Kids Guide To Self Defense:

**Smart Moves** Christopher J. Goedecke,1995 Discover how to stand up against trouble by developing the necessary physical and mental skills of martial arts masters This book is intended to help children gain the understanding and skills to resolve conflicts nonviolently *Stay Safe!* Sara Nelson,2008-09-01 Tips for dealing with threats to personal safety whether from a bully in school or a stranger on a street corner **Voice of Youth Advocates** ,1995 *Something about the Author* Hile,1996 Provides biographical information on over 100 authors of books for young readers **Quit It!** Merle Froschl,Barbara Sprung,Nancy Mullin-Rindler,1998 *Safe from Strangers* Gerri Willever,2003-09 As children grow the risks to their personal safety increase Retired teacher and Black Belt Gerri Willever provides parents with the tools to empower children of all ages Today s world presents a newer more challenging set of risks and safety is an issue that requires time and energy *Safe From Strangers* uses practical methods and effective strategies to prevent abductions and keep children safe **Children's Books in Print** R R Bowker Publishing,Bowker,1999-12 **The Publishers Weekly** ,2002 *The Horn Book Guide to Children's and Young Adult Books* ,1996 [The Street-Smart Psychic's Guide to Getting a Good Reading](#) Lisa Barretta,2009 What s the dish on getting a fabulous psychic reading Who better to ask than the Street Smart Psychic Lisa Barretta offers insider advice from the other side of the tarot cards crystal ball and tea leaves Sassy candid and spot on Lisa Barretta s guidance will help you choose the psychic that s right for you astrologer medium tarot reader or phone line psychic and steer clear of charlatans True stories from Barretta s colorful career as a psychic reader reveal what to do and what not to do to build rapport with your psychic and get the best possible reading A great guide to help you make a discerning choice when you re seeking someone to weigh in on your what s next Debbie Nigro author and New York radio talk show host [Book Review Digest](#) ,1997 *Books in Print Supplement* ,2002 *Video Source Book* ,2006 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction **Forthcoming Books** Rose Army,2003-04 **Video Source Book** Gale Group,1999-10-28 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction [Everyday Ways to Raise Smart, Strong, Confident Girls](#) Barbara Littman,1999-09-18 Offers practical advice to parents concerned about self esteem in their daughters *Bowker's Complete Video Directory* ,2000 [Subject Guide to Children's Books In Print, 1990-1991](#) R R Bowker Publishing,1990-09 [Children's Books In Print](#) 1998 Bowker Editorial Staff,R R Bowker Publishing,Bowker,1998 **Child Magazine's Guide to Quarreling** Gail Hudson,Child Magazine,1997-07 When kids fight it s stressful for the entire family But it s also an opportunity to learn how children handle conflict and to teach them essential problem solving skills Packed with proven success strategies and research based information this guide puts professional advice in parents hands and offers guidelines to help them prevent

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