

NINA COLTART

**Slouching  
towards  
Bethlehem**

...and Further  
Psychoanalytical Explorations



# Slouching Towards Bethlehem And Further Psychoanalytic Explorations

**Margaret Boyle Spelman, Joan  
Raphael-Leff**



## **Slouching Towards Bethlehem And Further Psychoanalytic Explorations:**

**Slouching Towards Bethlehem** Nina Coltart, 1998-05-01 Filled with clinical vignettes that bring Nina Coltart's writings to life the book cogently addresses such disparate topics as diagnosis the superego and silence as well as the importance of spirituality The title essay which opens the book is justly famous a close analysis of an apparently hopeless elderly patient Coltart's dramatic intervention and the remarkable results of the case In this and all of her work Coltart displays an astounding ability to grasp and convey important facets of every analyst's work the complexity and paradox of analysis the importance of intuition and not knowing along with theoretical clarity the necessity for flexibility and patience and the essential capacity to allow one's self to be used by the patient

**Slouching Towards Bethlehem** Nina Coltart, 2020-10-20 Filled with clinical vignettes that bring her writings to life the book cogently addresses such disparate topics as diagnosis the superego and silence as well as the importance of spirituality The title essay which opens the book is justly famous a close analysis of an apparently hopeless elderly patient Coltart's dramatic intervention and the remarkable results of the case

**Slouching Toward Bethlehem... and Further Psychoanalytic Explorations** Nina Coltart, 2020-09-30 In 1982 Nina Coltart gave a paper to the English Speaking Conference of Psychoanalysts called Slouching towards Bethlehem or Thinking the Unthinkable in Psychoanalysis which created a stir and brought her to the attention of the psychoanalytic community Ten years later she produced her first book this book which contains her seminal paper alongside so many others of note Full of eloquent meaningful and provocative clinical stories Nina Coltart exposes the full truth of the therapeutic process where an analyst may occasionally stray from orthodox practice but through such lapses may sometimes achieve hitherto unforeseen breakthroughs in treatment This volume introduced Coltart's characteristic style of journeying through important issues in analytic practice She elaborates on the use of intuition the special attention required by an analyst the value of silence and of humour and the importance of psychosomatic processes the way the body speaks through psychosomatic symptoms All vitally relevant today and utterly groundbreaking at the time

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psychosomatic symptoms All vitally relevant today and positively groundbreaking at the time      **Rescuing Psychoanalysis from Freud and Other Essays in Re-Vision** Peter L. Rudnytsky, 2018-05-08 In his latest groundbreaking book the author examines the history of psychoanalysis from a resolutely independent perspective At once spellbinding case histories and meticulously crafted gems of scholarship Rudnytsky's essays are re-visions in that each sheds fresh light on its subject but they are also avowedly revisionist in their scepticism towards all forms of psychoanalytic orthodoxy Beginning with a judicious reappraisal of Freud and ranging in scope from King Lear to contemporary neuroscience the author treats in depth the lives and work of Ferenczi Jung Stekel Winnicott Coltart and Little each of whom sought to rescue psychoanalysis by summoning it to live up to its highest ideals      **The Marion Milner Tradition** Margaret Boyle Spelman, Joan Raphael-Leff, 2022-11-30 The Marion Milner Tradition provides a comprehensive overview of Milner's eight volume oeuvre for the first time and celebrates her pioneering achievements both in psychoanalytic world and in creative and scientific disciplines such as clinical and organisational psychology philosophy mindfulness and spirituality management theory art therapy as well as art appreciation criticism This volume considers Marion Blackett Milner through the prism of her innovative engagement with people art and human experience as well as her extraordinary contribution as an original thinker and researcher within the Independent Group of the British Psychoanalytical Society The co editors exploratory approach to her legacy is as open as the spirit of Milnerian discovery research in defining its distinctive features An assembly of fifty contributors were invited to interrogate the evolution of what is becoming known as the Milner Tradition demarcating her influence on theory and clinical practice over the many decades of her life and since her death They draw upon their professional interviews or friendship with Marion Blackett Milner or intimate experience of her as an analyst supervisor or relative Similarly participants in global reading groups in Australia England Greece Northern Ireland the Republic of Ireland and South Africa recount personal responses to their own exercise in action research The plethora of riches in this book will be of interest to both new and veteran readers of Milner's opus as well as students and practitioners from a variety of therapeutic and other disciplines      *Assessment in Psychotherapy* Helen Alfile, Judy Cooper, 2018-05-30 This book explores the assessment for psychoanalytic psychotherapy from various perspectives It bridges the two disciplines of medicine and psychotherapy showing where general practitioners might be able to make an appropriate referral for therapy      *A Psychosocial Exploration of Love and Intimacy* J. Brown, 2006-06-06 Organised around a single question is love possible Brown's book provides conceptualisations of love and its possibility from sociological philosophical and psychoanalytic viewpoints She argues for the importance of a psychosocial understanding of love and provides a critical discussion of the philosophy and methods of Psychosocial Studies      **The Baby and the Bathwater** Nina Coltart, 2020-10-31 if this is her final book she has left the best for last Psychoanalysts trained within the Independent Group are often asked by psychoanalysts and psychotherapists abroad which book they should read to get a feel for the way independent

psychoanalysts think and work In the past one has referred to Winnicott s Playing and Reality Rycroft s Imagination and Reality Khan s The Privacy of the Self and Marion Milner s opus But if we are to have one book this is it We may say Here you will find it here This work is a literary spirit of place a beautifully rendered conjuring of sensibility and to my mind it is the single best expression of the English psychoanalyst of independent persuasion we are ever likely to have From the Foreword by Christopher Bollas

**Her Hour Come Round at Last** Gillian Preston, Peter L. Rudnytsky, 2018-03-22 This title is a celebration of the life of Nina Coltart who had a career in medicine and psychoanalysis and was author of bestselling titles in psychotherapy The Baby and the Bathwater and How to Survive as a Psychotherapist The book contains a large number of contributions by specialists in the field including Michael Brearley Susan Budd and Anthony Molino The book offers a long overdue tribute to Nina Coltart 1927-1997 who was a leading figure in the Independent Group of the British Psychoanalytical Society and indeed one of the greatest psychoanalysts of the twentieth century In addition to providing a comprehensive assessment of Coltart s life and work by patients supervisees friends family members and readers the editors have compiled all of her hitherto unpublished or uncollected writings making this book a capstone of her legacy to psychoanalysis

**The Surviving Object** Jan Abram, 2021-09-27 In this book Abram proposes and elaborates the dual concept of an intrapsychic surviving and non surviving object and examines how psychic survival of the object places the early m Other at the centre of the nascent psyche before innate factors are relevant Abram s clinical theoretical elaborations advance several of Winnicott s key concepts Moreover the clinical illustrations show how her advances arise out of the transference countertransference matrix of the analyzing situation Chapter by chapter the reader witnesses the evolution of her proposals that not only enhance an appreciation of Winnicott s original clinical paradigm but also demonstrate how much more there is to glean from his texts especially in the contemporary consulting room The Surviving Object comprises 8 chapters covering themes such as the incommunicado self violation of the self the paradox of communication terror at the roots of non survival an implicit theory of desire the fear of WOMAN underlying misogyny the meaning of infantile sexuality the father in the nursing mother s mind as an integrate in the nascent psyche formlessness preceding integration a theory of madness The volume will appeal to psychoanalysts and psychoanalytically informed psychotherapists of all levels who are inspired by clinical psychoanalysis and the study of human nature

**British Psychoanalysis** Gregorio Kohon, 2017-12-22 British Psychoanalysis New Perspectives in the Independent Tradition is a new and extended edition of The British School of Psychoanalysis The Independent Tradition which explored the successes and failures of the early environment transference and counter transference in the psychoanalytic encounter regression in the situation of treatment and female sexuality Published in the mid 1980s it had an important influence on the development of psychoanalysis both in Great Britain and abroad was translated into several languages and became a central textbook in academic and professional courses This new updated book includes not only many of the original papers but also new chapters written for this volume by Hannah Browne Josh

Cohen Steven Groarke Gregorio Kohon Rosine Perelberg and Megan Virtue Addressing and reflecting on the four main themes of the first collection the new papers discuss such subjects as a new focus on earliest infancy new directions in Independent clinical thinking the question of therapeutic regression the centrality of sexual difference in Freud They also highlight the connections between and the mutual influence of British and French psychoanalysis now a critical subject in contemporary psychoanalytic debates British Psychoanalysis New Perspectives in the Independent Tradition will be important not only to psychoanalysts and psychoanalytic psychotherapists and the full spectrum of professionals involved in mental health It will be of great value in psychotherapy and counselling training and an important resource for teaching and academic activities

Love and Its Vicissitudes André Green, Gregorio Kohon, 2006-02 In Love and its Vicissitudes Andr Green and Gregorio Kohon draw on their extensive clinical experience to produce an insightful contribution to the psychoanalytic understanding of love In Part I To Love or Not to Love Eros and Eris Andr Green addresses some important questions What is essential to love in life What in the psychoanalytic method is related to it Should we understand love by referring to its earliest and most primitive roots Or should we take as our starting point the experience of the adult He argues that while science has made no contribution to our understanding of love art literature and especially poetry are the best introduction to it In Part II Love in the Time of Madness Gregorio Kohon provides a detailed clinical study of an individual suffering a psychotic breakdown He describes how the exclusive as well as the intense lasting dependence to a primary carer create the conditions for a normal madness to develop This is not only at the source of later psychotic states and the perversions but also at the origin of all forms of love as demonstrated in its re appearance in the situation of transference Love and its Vicissitudes moves beyond conventional psychoanalytic discourse to provide a stimulating and revealing reflection on the place of love in psychoanalytic theory and practice

**Managed Lives: Psychoanalysis, inner security and the social order** Steven Groarke, 2013-10-30 An inherent tension exists in the history of psychoanalysis and its applications between the concepts of freedom and security In Managed Lives this tension is explored from the point of view of therapeutic experience Set against the background of Freud's contested legacy the book examines ways of managing oneself under psychiatric supervision in the analytic encounter and in the emotional and moral contexts of everyday life Through a series of detailed case studies Steven Groarke addresses therapeutic experience as a formation of managed society examining the work of Donald Winnicott on types of management Colin Murray Parkes on bereavement and Anthony Giddens on the sociological appropriation of psychoanalysis Managed Lives forms an original critical analysis of contemporary managerial culture and its self reflexive project as well as presenting the idea of management as a source of inner security and vital morality Presented in three parts the book addresses The Criterion of Maturity The Reflexive Norm The Managed Society Together the book's arguments provide a fresh and challenging perspective on post Freudian uses of faith the risks of critical rationality and the difficulties of living an ethical life under modern conditions Managed Lives is

ideal for academics and research students working on psychoanalytic studies social theory and mental health studies as well as students and trainees taking courses in psychotherapy counselling social work and health and social care

*Into the Darkest Places* Marcus West, 2018-11-13 This book explores the roots of borderline states of mind in early relational trauma and shows how it is possible and necessary to visit the darkest places in order to work through these traumas This is despite the fact that re experiencing such traumas is unbearable for the patient and they naturally want to enlist the analyst in ensuring that they will never be experienced again This is the backdrop for the extreme pressures and roles that are constellated in the analysis that can lead to impasse or breakdown of the analytic relationship The author explores how these areas can be negotiated safely and that whilst drawing heavily on recent developments in attachment relational trauma and infant development theory an analytic attitude needs to be maintained in order to integrate these experiences and allow the individual to feel finally accepted and whole The book builds on Freud's views of repetition compulsion and re enactment and develops Jung's concept of the traumatic complex

**No Lost Certainties To Be Recovered** Gregorio Kohon, 2018-03-26 This book looks beyond both theory and practice to the politics and cultural resonances of psychoanalysis in the torments and anxiety of artistic endeavour and in the urgent and wearying sense of the blindness of our troubled history and politics in Israel and in South America

*Re-Encountering Jung* Robin S. Brown, 2017-09-11 Since the split between Freud and Jung psychoanalysis and analytical psychology have largely developed in an atmosphere of mutual disregard Only in recent years have both discourses shown signs of an increasing willingness to engage Re Encountering Jung Analytical Psychology and Contemporary Psychoanalysis is the first edited volume devoted to a reconciliation between these two fields The contributors explore how Jungian thinking influences challenges and is challenged by recent developments in the psychoanalytic mainstream In examining the nature of the split figures from both sides of the conversation seek to establish lines of contrast and commonality so as to reflect an underlying belief in the value of reciprocal engagement Each of the chapters in this collection engages the relationship between Jungian and psychoanalytic thinking with the intention of showing how both lines of discourse might have something to gain from attending more to the voice of the other While several of the contributing authors offer new perceptions on historical concerns the main thrust of the collection is in exploring contemporary debates Re Encountering Jung reflects a unique undertaking to address one of the longest standing and most significant rifts in the history of depth psychology It will be of great interest to all academics students and clinicians working within the fields of psychoanalysis and analytical psychology

**Qualitative Health Psychology** Michael Murray, Kerry Chamberlain, 1999-03-19 This book constitutes a valuable resource for postgraduate students and researchers Most of the chapters succeed in providing a clear and comprehensive introduction to the various approaches and or methods thus enabling the reader to make an informed decision about whether or not they wish to pursue the topic further The book as a whole is also very well referenced and this makes it a source of essential information for students and researchers with an

interest in qualitative health psychology Health Psychology Update This book explains the role of qualitative research within health psychology Theories and methods from a qualitative perspective are highly varied but in general differ from the positivist approach which is concerned with quantifying the individual risk factors presumed to cause health and illness behaviour This book shows clearly how a qualitative approach offers a better understanding of the experience of illness while locating it in its broader social context Providing a detailed examination of these issues the book is organized into three sections the first considers some of the main theoretical perspectives underlying qualitative research in health psychology including discourse analysis and narrative as well as the social context and embodiment of health and illness the second examines some of the practical issues involved in conducting qualitative research with different populations such as children and the terminally ill and the final section considers a range of analytic issues and specific analytic approaches such as grounded theory and action research and the evaluation of qualitative methods

**Medical Psychotherapy** Jessica Yakeley, James Johnston, Gwen Adshead, Laura Allison, 2016 Medical Psychotherapy draws together succinct descriptions of the major models of psychotherapy written by specialists who offer an accessible theoretical and evidence based depiction of each therapy and its clinical role for patients It will appeal to specialist trainees in psychiatry and consultants working in psychotherapy along with psychologists and allied health professionals

**The Dead Mother** Gregorio Kohon, 1999 The Dead Mother brings together original essays in honour of Andr Green Written by distinguished psychoanalysts the collection develops the theme of his most famous paper of the same title and describes the value of the dead mother to other areas of clinical interest psychic reality borderline phenomena passions and identification The concept of the dead mother describes a clinical phenomenon sometimes difficult to identify but always present in a substantial number of patients It describes a process by which the image of a living and loving mother is transformed into a distant figure a toneless practically inanimate dead parent In reality the mother remains alive but she has psychically died for the child This produces a depression in the child who carries these feelings within him into adult life as the experience of the loss of the mother's love is followed by the loss of meaning in life Nothing makes sense any more for the child but life seems to continue under the appearance of normality The Dead Mother is a valuable contribution to literature on psychoanalytic and psychotherapeutic approaches to grief loss and depression



## **Slouching Towards Bethlehem And Further Psychoanalytic Explorations** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Slouching Towards Bethlehem And Further Psychoanalytic Explorations**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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