



Skye And North West Highlands Walks

Richard Barrett



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Skye and the North West Highlands ,1996-01-01 *Walking the Munros Vol 2 - Northern Highlands and the Cairngorms* Steve Kew,2022-07-15 Volume two of Walking the Munros this guidebook describes 70 challenging and inspiring routes up Scotland's iconic 3000ft mountains within the Northern Highlands the Cairngorms and the Isle of Skye The routes which range from 7 to 46km with the option to reduce walking distance on some of the longer routes by cycling the approach cover 143 Munro summits offering half and full day walk and scramble options Clear and concise route descriptions are accompanied by 1:100K mapping together with invaluable practical information on access parking accommodation and more Also included are two handy indexes of the Munros listed alphabetically and by height a perfect resource for peak baggers This guide incorporates both popular and lesser known routes and celebrates the raw and rugged beauty of these majestic mountains

Northwest Highlands of Scotland Footprint Focus Guide Alan Murphy,2013-03-22 The Northwest Highlands is the Scotland of mist shrouded glens towering mountain peaks windswept purple heather hillsides and brooding lochs Explore this mysterious land with the aid of Footprint Focus which will guide you to the best of the Northwest Highlands accommodation restaurants tours and tips on spotting the Loch Ness Monster Essentials section with useful advice on getting to and around the Northwest Highlands Comprehensive up to date listings of where to eat sleep and seek adventure Includes information on tour operators and activities from dolphin cruises to mountain hiking Detailed maps for the Northwest Highlands Slim enough to fit in your pocket With detailed information on all the main sights plus many lesser known attractions Footprint Focus Northwest Highlands of Scotland Includes Inverness Fort William Glen Coe Wester Ross Ullapool provides concise and comprehensive coverage of Scotland's most wild and exhilarating region The content of the Footprint Focus Northwest Highlands of Scotland Includes Inverness Fort William Glen Coe Ullapool guide has been extracted from the Scotland Highlands and Islands Footprint Handbook

Walking in the Yorkshire Dales: South and West Dennis Kelsall,Jan Kelsall,2017-04-30 A guidebook to 44 circular walks in the south and west of the Yorkshire Dales National Park with bases including Sedburgh Malham Grassington Skipton Settle and Kirkby Lonsdale The walks cover the valleys of Wharfedale Littondale Malhamdale Ribblesdale and Dentdale each with its own distinctive landscape and character Also included is the Yorkshire Three Peaks a 23 mile 37km challenge to bag three summits Pen y ghent Wharfedale and Ingleborough The walks range between 3.5 and 13 miles in length and showcase Yorkshire's diverse landscapes beautiful views and rich heritage With the exception of the Three Peaks walk they are designed to suit most abilities steeper sections are rare and usually short lived Detailed route description and 1:50,000 OS mapping are provided for each route along with information on nearby points of interest and facilities Highlights include delightful riverside walking in Wharfedale spectacular views of the distant Howgills and Lake District Fells and the arresting limestone cliffs of Malham Cove providing a wonderful introduction to this magnificent area

Walking on the Isle of Wight Paul Curtis,2025-05-08 Guidebook to

21 day walks on the Isle of Wight suitable for all abilities plus a long distance Coastal Path route Discover this beautiful relaxed island off England's south coast with a variety of walking terrain dramatic coast paths rolling downland marshes woods forests and sites of historical interest Coastal routes can be enjoyed year round while inland walks are best between spring and autumn The graded day walks range from 8.30km 5.19 miles and take between 2 and 8 hours to complete The Coastal Path is a longer more challenging route that circumnavigates the island in an anti clockwise direction It's divided into eight stages though stronger walkers may prefer to complete it over five six or seven stages The full route covers 125km 78 miles 1:50 000 OS maps included for each walk Easy access from Newport Cowes and Shanklin Includes refreshment and public transport options for all walks Local points of interest include The Needles Osborne House and Carisbrooke Castle GPX files available to download

Trekking Chamonix to Zermatt Kev Reynolds, 2022-07-15 A guidebook to the classic Chamonix to Zermatt trek from Mont Blanc to the Matterhorn The 225km Walker's Haute Route through the French and Swiss Alps crosses 11 passes gains more than 14 000m in height and is a strong contender for the title of Most Beautiful Walk in Europe The high level route is described in 14 day stages with optional variants and is suitable for walkers with a good level of fitness and some previous alpine trekking experience Alongside clear route descriptions and mapping for each stage of the trek there is essential practical information on travel to Chamonix and return from Zermatt as well as advice on accommodation in alpine villages and mountain refuges trekking safety equipment itinerary planning and preparation Taking 2 weeks to complete this challenging but rewarding trek encompasses views of the greatest collection of 4000m peaks in the Alps Mont Blanc the Grand Combin Dent Blanche Weisshorn and the Matterhorn and visits some of the most spectacular valleys including the Val d'Hérens Val d'Anniviers and the Mattertal

Walking on the Orkney and Shetland Isles Graham Uney, 2025-08-06 A guidebook to 80 walks on the Isles of Shetland and Orkney From short strolls to ancient monuments to more challenging cliff top routes and moorland traverses there is something for walkers of all levels of fitness and experience The walks range in length from 2 to 26km 1.17 miles and cover 25 islands across Orkney and Shetland as well as Fair Isle and Foula GPX files available to download 1:50 000 OS maps included for each walk Detailed information on public transport to and around the islands Local points of interest are featured including Skara Brae and Old Man of Hoy Information included on archaeology history and local wildlife

Cycling the Reivers Route Rachel Crolla, Carl McKeating, 2021-07-15 Guidebook to the Reivers Route a 173 mile 280km coast to coast cycle route across northern England and into Scotland from Tynemouth to Whitehaven Exploring the rich history of traditional border territory it is suitable for cyclists of all abilities and most commonly tackled on hybrid or sturdy touring bikes Road alternatives are available

Trekking the GR11 Trail Tom Martens, 2024-05-28 A guidebook to hiking the 850km 520 mile GR11 La Senda Pirenaica trail between Irun on the Atlantic coast and Cap de Creus on the Mediterranean Over the years it has become a well defined hiking trail which mostly goes over good hiking paths through largely unspoilt and wild mountains and is suitable for experienced mountain hikers The

GR11 is one of the long distance trails which crosses the whole Pyrenees staying on the Spanish side of the border It is presented here in 47 stages of 7 31km 5 19 miles four sections are given to allow the route to be broken into shorter treks Step by step route description and 1 100 000 mapping provided for each stage Highlights include Navarre Ordesa Monte Perdido Valles Occidentales Posets Maladeta Parc Natural Alt Pirineu Route Summary Table and Stage Facilities Planner to help plan itineraries Detailed information on planning local flora and fauna and accommodation GPX files available to download

Portugal's Rota Vicentina Gillian Price,2024-07-01 A guidebook to trekking Portugal s Rota Vicentina a 224km 139 mile trail comprised of the Historial Way Caminho Hist rico and the Fishermen s Trail Trilho dos Pescadores With the central stages hugging the Atlantic seaboard the route stretches from Santiago do Cac m to the southwestern tip of mainland Europe at Cabo de S o Vicente The trail is suitable for most walkers with stages graded easy or moderate The main route is presented in 12 stages of between 12 and 24km 7 15 miles Also included in the guidebook is a four stage inland variant running north from Odeceixe to form a circuit with the northern half of the main route Route description illustrated with 1 100 000 mapping GPX files available for download Refreshment and accommodation information provided for each trek stage Accommodation listings Advice on planning and preparation

The South Downs Way Kev Reynolds,2023-05-15 The South Downs Way National Trail is a 100 mile 160km walk between Eastbourne and Winchester staying within the glorious South Downs National Park for its entire length Presented here in 12 stages of up to 12 miles 19km the route is described in both east west and west east A waymarked trail with very few stiles it can be walked at any time of year and makes a good introduction to long distance walking Step by step route descriptions are illustrated with extracts from OS 1 50 000 mapping for every stage and a separate conveniently sized booklet with 1 25 000 maps for the entire route is included The guide provides detailed practical information on getting to the trail and facilities and accommodation en route The South Downs Way offers easy walking on ancient and historical tracks and showcases the beautiful countryside of the South Downs taking in wooded areas delightful river valleys and pretty villages Highlights include Beachy Head the mysterious Long Man of Wilmington Clayton Windmills and the ancient cathedral city of Winchester

Italy's Grande Traversata Delle Alpi David Jordan,2021-03-15 A guidebook to the 798km Grande Traversata Delle Alpi trek through the western Italian Alps traversing the Lepontine Pennine Graian Cottian and Maritime Alps to finish near Monte Rosa The guide splits the route into 3 sections with 55 day stages A good level of fitness is required to tackle the route as it contains nearly 60 000m of ascent

Alta Via 2 - Trekking in the Dolomites Gillian Price,2022-05-15 Guidebook describing Alta Via 2 a challenging hut to hut trek through the Italian Dolomites Stretching 174km from Bressanone Brixen to Feltre the route involves some aided and exposed sections although several can be bypassed calling for a sure foot and a good head for heights It can be walked in under a fortnight although it is also possible to walk shorter chunks should you only have limited time and the guide highlights potential exit routes and transport options Also included are summaries of Alte Vie 3 6 which are more demanding and include remote

terrain and stretches of via ferrata for which climbing experience is essential On Alte Vie 3 6 some nights will be spent in unmanned bivouac huts meaning trekkers must carry their own kit although it is possible to walk shorter hut to hut sections The easiest of the Alta Via routes Alta Via 1 is covered in a separate Cicerone guide An overview diagram is provided for each trek showing times between huts Alta Via 2 is presented in 13 stages each with clear route description illustrated with 1 75 000 mapping There are overview statistics for each stage and contact details and notes about mountain huts encountered en route The guide also includes a wealth of information about the region s geology plants and wildlife to enhance your appreciation of the landscapes traversed Useful contacts and an Italian English glossary can be found in the appendices A handy pocket sized map booklet showing the full route of Alta Via 2 on 1 25 000 Kompass maps is included with the guide Alta Via 2 visits the Plose massif the jagged Puez Odle fortress like Sella the majestic Marmolada spectacular Pale di San Martino and the rugged Alpi Feltrine group as it journeys from the baroque town of Bressanone to Renaissance style Feltre On all of the Alta Via routes you can expect breathtaking mountain vistas and a truly memorable trekking experience

Cycling Land's End to John O' Groats Richard Barrett, 2021-03-15 A concise guide to cycling LEJOG Land s End to John o Groats describing an idyllic route that follows quieter roads and traffic free paths but without too much meandering Covering 1000 miles the route is divided into 14 stages and can be comfortably ridden in two weeks Easy to follow route descriptions are accompanied by clear mapping and useful gradient profiles together with route highlights and points of interest of which there are many Invaluable tips and tricks are also included from preparing yourself to preparing your bike together with logistical advice such as getting to and from the start and finish accommodation options and more In addition to the main 14 stage schedule which includes an alternative option through Central Scotland longer and shorter schedules are also suggested making it easy to prepare a personally tailored adventure The route which passes through a diverse range of landscapes from almost sea level across the Somerset Levels to over 1400ft through the magnificent Cairngorm Mountains showcases some of Britain s best cycling It is a must for anyone who s ever been remotely tempted to take on this iconic end to end challenge

Hadrian's Wall Path Mark Richards, 2025-01-15 A guidebook to walking the Hadrian s Wall Path National Trail between Bowness on Solway in Cumbria and Wallsend Newcastle Covering 135km 84 miles this historic route takes around 10 days to hike Suitable for beginners it nevertheless requires a reasonable level of fitness to undertake as a multi day walk The route is described in 10 stages between 8 and 16km 5 10 miles in length and in both directions west east and east west An optional 2 stage extension through Newcastle to South Shields on the east coast is also provided Contains step by step description of the route alongside 1 100 000 OS maps Includes a separate map booklet containing OS 1 25 000 mapping and route line Handy route summary tables alternative walking schedules and accommodation listings help you plan your itinerary Packed with historical detail as well as maps marking locations of Roman milecastles and other archaeological sites on and near the wall Public transport by stage is listed for those wanting to break the trail into shorter sections

Walking The Cumbria Way John Gillham, 2022-06-27 A guidebook to walking the Cumbria Way a 188km 73 mile route between Ulverston and Carlisle Suitable for walkers with some experience this long distance route through the heart of the Lake District can be walked in 5 days but there is plenty of opportunity to plan your itinerary for a more easy going 7 to 8 days This largely low level route is described here in five stages of between 19 and 26 kms 12 16 miles Alternative mountain days can be added to include the Conistone Fells Glaramara and Skiddaw Route described from south to north with 1 50 000 OS mapping for each stage Detailed information on accommodation facilities and public transport along the route Variations to the itinerary suggested depending on required difficulty and time frame Route summary tables and accommodation listings help you plan your itinerary GPX files available to download **Trekking the Swiss Via Alpina** Kev

Reynolds, 2023-06-12 A guidebook to walking the Swiss Via Alpina from Sargans to Montreux on Lac Léman Lake Geneva Covering 400km 250 miles this long distance trek in the Swiss Alps takes around 3 weeks to walk and is suitable for experienced trekkers The route is described from east to west in 19 stages each between 12 and 29km 8 18 miles in length A 27km 17 mile prologue stage from Liechtenstein is also included as well as detour stages via Lenk and Gsteig 1 100 000 maps included for each stage GPX files available to download Detailed information on mountain huts facilities and public transport Advice on planning and preparation *Trekking in Torres del Paine* Rudolf Abraham, 2023-11-08 A guidebook to 8 walking and trekking routes in Chile's Torres del Paine National Park and Argentina's Los Glaciares National Park Exploring the beautiful scenery of Patagonia the routes are suitable for trekkers with some experience The routes are presented as 4 multi day treks ranging from 3 to 11 days in length and 4 shorter day walks The 10 day 141km 88 mile Torres del Paine circuit or O and 5 day 71km 44 mile half circuit or W are detailed with side trips to the towers and the Valle Franc's A 4 day 39km 24 mile trek in the Cerro Fitz Roy area of Los Glaciares National Park is also described Sketch maps included for each walk Detailed information on accommodation and facilities Advice on planning and preparation Highlights include excursions from Puerto Natales and El Calafate

Alta Via 1 - Trekking in the Dolomites Gillian Price, 2022-02-15 Guidebook describing the 115km Alta Via 1 a hut to hut long distance trail through the magnificent Italian Dolomites Easier than the other AV trails the route extends from Lago di Braies to La Pissa and is presented in 11 stages It offers majestic mountain vistas including views of the Marmolada Pelmo and Civetta Includes 1 25K map booklet *The Rhine Cycle Route* Mike

Wells, 2022-01-15 This comprehensive guidebook to EuroVelo route 15 offers a detailed stage by stage description of the 1368km route along the Rhine one of Europe's great rivers passing through six countries on its way from Switzerland to the North Sea The cycling is easy downhill and along dedicated cycle lanes the countries visited are very cycle friendly and the waymarking is excellent The whole trip can be completed in two weeks by a fit cyclist The guide includes plenty of information to help you plan your trip with advice on travel accommodation and facilities The full route is presented in 27 stages of 32 68km with step by step route description 1 100 000 mapping and notes on local points of interest A facilities

table glossary and list of useful contacts can be found in the appendices Starting in the Swiss Alps with high mountains deep glacial valleys and gorges the route soon reaches Europe s third largest lake the Bodensee and its greatest mainland waterfall After Basel the Rhine becomes a broad river now the world s busiest river trading artery The middle Rhine between Bingen and Koblenz forces its way through the narrow rocky Rhine gorge lined by romantic castles perched above Germany s finest vineyards Finally the river passes through low lying Holland famed for its many flood dykes and windmills

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