

PEOPLE SKILLS

DEFINITION

People skills, also known as interpersonal or soft skills, refer to the abilities and attributes needed to effectively interact, communicate, and build relationships with others. They encompass a range of competencies that are essential for collaboration & conflict resolution in social and professional settings.

EXAMPLE

- Non-Verbal Communication
- Etiquette
- Active Listening
- Motivational
- Persuasion
- Networking
- Building Rapport

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