



EXAMPLES OF NONVIOLENT ACTIONS

- Dialogue
- Conversations
- Talking it out
- Standing up for someone/something/advocating for oneself
- Trusting each other
- Encouraging / Supporting
- Organizing
- Peaceful demonstrations
- Letter writing to local papers
- Petitions
- Vigils
- Delegations to address administration
- Calling for a meeting
- Civil Disobedience (Obedience for Justice)

R Sandford

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