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Research on the social integration and depression risk of middle-aged and older adults with multiple chronic conditions in China

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Objective: The aging of the global population is intensifying, and the issue of depression among middle-aged and older individuals in China has garnered significant attention. Social integration is considered closely related to the risk of depression in patients with multiple chronic conditions (MCCs). This study aims to explore the relationship between different dimensions of social integration and depression in middle-aged and older individuals.

Methods: This study utilized data from the 2018 China Health and Retirement Longitudinal Study (CHARLS), including 2,901 middle-aged and older individuals with MCCs. Depression risk was assessed using a depression scale. Social integration was measured across three dimensions: economic integration, relational integration, and community integration. Statistical analyses were conducted using Logit and Tobit models to explore the relationship between social integration and depression among middle-aged and older individuals.

Results: There was no significant association between overall social integration and the risk of depression, but economic integration and community integration were negatively correlated with the risk of depression, and relational integration was positively correlated with the risk of depression, and this relationship was heterogeneous among different demographic characteristics. Sensitivity analysis and subgroup analysis further confirmed the robustness of the results.

Conclusion: Mental health interventions for middle-aged and older adults MCCs patients should consider the multi-dimensional characteristics of social integration. It is recommended to improve the economic status of the middle-aged and older adults, improve the quality of family and social interactions, and pay attention to the construction of the community environment. And further explore the interaction of each dimension and its applicability in different contexts.

KEYWORDS

multiple chronic conditions (MCCs), social integration, economic integration, relational integration, community integration, depression risk, middle-aged and older adults

Social Integration Of The Aged

John E. Poulin



Social Integration Of The Aged:

Social Integration of the Aged Irving Rosow,1967 **Social Integration of the Aged** Irving Rosow,1967 **Social Integration in the Second Half of Life** Karl Pillemer,2000-11-24 Social scientists use the term social integration to refer to individuals connections with others in their environments The concept and its consequences have been the subject of considerable study Many researchers have asserted that meaningful and enduring ties to other persons serve as a buffer against stress and thereby promote physical and mental health The results are especially pronounced for older persons Social Integration in the Second Half of Life presents integrative reviews of theory and research on this topic The editors and contributors all currently or previously affiliated with the Cornell Gerontology Research Institute also present new empirical findings of research done at their center The first section of the book discusses basic theory and principles of social integration in later life and its implications for health The second largest section examines specific issues retirement driving family support housing neighbors The third section addresses interventions to promote social integration transportation volunteering and peer support for dementia caregivers Throughout the authors focus on the diverging influences of social integration and its converse social isolation in later life **Social Integration in the Second Half of Life** Karl Pillemer,Phyllis Moen,Elaine Wethington,Nina Glasgow,2003-05-01 Social scientists use the term social integration to refer to individuals connections with others in their environments The concept and its consequences have been the subject of considerable study Many researchers have asserted that meaningful and enduring ties to other persons serve as a buffer against stress and thereby promote physical and mental health The results are especially pronounced for older persons Social Integration in the Second Half of Life presents integrative reviews of theory and research on this topic The editors and contributors all currently or previously affiliated with the Cornell Gerontology Research Institute also present new empirical findings of research done at their center The first section of the book discusses basic theory and principles of social integration in later life and its implications for health The second largest section examines specific issues retirement driving family support housing neighbors The third section addresses interventions to promote social integration transportation volunteering and peer support for dementia caregivers Throughout the authors focus on the diverging influences of social integration and its converse social isolation in later life **Aging** Harry R. Moody,2006-01-13 Welcome to the world s most unique and dynamic textbook on aging Widely praised and adopted in previous editions the Fifth Edition of Aging once again presents key issues in an engaging and accessible fashion Organized unlike any other traditional textbook author Harry R Moody presents basic concepts followed by controversies supported by carefully chosen adapted readings The result is the most captivating introduction to gerontology available today **The Social Challenge of Ageing** David Hobman,2024-05-10 Although all recorded societies have contained a few people of extreme old age they have been the exception rather than the rule The possibility of one fifth of the total population in retirement from active employment would

have been unthinkable at the beginning of the twentieth century and even social planning in the 1970s had made no adequate provision for a society in which one in every twenty five people would be over seventy five and one in every hundred over eighty five within less than a decade In Great Britain in the 1970s however and in many industrialised societies this was now a reality and vast resources would need to be directed towards the support care and treatment of the aged Whilst a growing body of knowledge based upon biological and clinical studies of the ageing process had been accumulated in recent years only a modest investment had been made in social gerontology Originally published in 1978 this book provided a multi disciplinary study of the process of ageing for those in the caring professions as well as for planners and architects whose decisions and designs affected the lives of the elderly It is divided into three parts the first provides a sociological demographic and cultural background to the place of old people in eastern and western societies The second explores the relationship which exists or should exist between a number of professional disciplines and part three considers an interdisciplinary model in practice Today it can be read in its historical context

Handbook of Aging and the Social Sciences Linda George, 2010-11-26 Handbook of Aging and the Social Sciences Seventh Edition provides extensive reviews and critical evaluations of research on the social aspects of aging It also makes available major references and identifies high priority topics for future research The book is organized into four parts Part 1 reviews developments in the field of age and the life course ALC studies and presents guidelines on conducting cohort analysis Part 2 covers the demographic aspects of aging longevity trends disability and aging and stratification and inequality research Part 3 includes chapters that examine socioeconomic position and racial ethnic disparities in health at older ages the role of social factors in the distribution antecedents and consequences of depression and aspects of private wealth transfers and the changing nature of family gift giving Part 4 deals with pension reform in Europe the political activities of older Americans the future of retirement security and gender differences in old age The Handbook is intended for researchers professional practitioners and students in the field of aging It can also serve as a basic reference tool for scholars professionals and others who are not presently engaged in research and practice directly focused on aging and the aged Contains all the main areas of social science gerontological research in one volume Begins with a section on theory and methods Edited by one of the fathers of gerontology Binstock and contributors represent top scholars in gerontology

Population Aging Donald T. Rowland, 2012-04-26 Population Aging The Transformation of Societies presents an overview and international comparison of the causes consequences and policy implications of one of the major processes of change in contemporary societies It provides a foundation for understanding and reflecting on key demographic and social trends together with related theoretical and policy frameworks that are important in explaining changes and designing informed responses With particular reference to countries that have the oldest or largest aged populations the book presents a synthesis of research on population aging new analyses of trends and a discussion of the major social policy strategies Key topics include the new demography of aging population health family

change the Third Age international policy concepts and strategies and comparisons of countries such as in terms of the relative risks they face from population aging and their resilience as changes occur Overall the book presents a broad interdisciplinary perspective on the determinants and consequences of population aging The book is written for an international audience of policy makers educators and practitioners in health and welfare together with students in the social sciences and health sciences It provides an accessible and academically informed exposition of the field for people engaging with issues arising from population aging in their own country

Aging in Japan Kimiko Tanaka,2008 *The Social Integration of the Philippines* ,1924 The SAGE Handbook of Applied Social Psychology Kieran C. O'Doherty,Darrin Hodgetts,2019-01-14 In the present epoch of global change movement interconnection and the intensification of social issues within and across many societies applied social psychology is more relevant than ever The SAGE Handbook of Applied Social Psychology offers an overview of the field and the disparate and evolving approaches Through an international team of contributors the handbook brings prominent research literature together and organises it around ten key areas Part 01 Culture race indigeneity Part 02 Gender Sexuality Part 03 Politics Part 04 Health and mental health Part 05 Work Part 06 Ageing Part 07 Communication Part 08 Education Part 09 Environment Part 10 Criminal Justice Law Crime This handbook is a uniting and invigorating resource for the field of Applied Social Psychology

Social Work and Health Care in an Aging Society Barbara Berkman,Linda Harootyan,2003-06-01 This book places significant issues related to the health mental health and well being of older adults and their caregivers within the context of social work service delivery By presenting the research of social work scholars all experts in specific research areas the editors clarify the value that social work brings to the larger realm of health care for older adults and their families Special consideration is given to such issues as case management urban African American elders grandmothers raising grandchildren aging persons with developmental disabilities home health care and more For Further Information on Dr Berkman Please Click Here

Handbook of Aging and the Social Sciences Robert H. Binstock,Linda K. George,Stephen J. Cutler,Jon Hendricks,James H. Schulz,2011-05-05 The Handbook of Aging and the Social Sciences Sixth Edition provides a comprehensive summary and evaluation of recent research on the social aspects of aging The 25 chapters are divided into four sections discussing Aging and Time Aging and Social Structure Social Factors and Social Institutions and Aging and Society Within this context aging is examined from the perspectives of many disciplines and professions including anthropology bioethics demography economics epidemiology law political science psychology and sociology The Sixth Edition of the Handbook is virtually 100% new material Seventeen chapters are on subjects not carried in the previous edition Seven topics were carried over from the previous edition but written by new authors with fresh perspectives and brought up to date Some of the exciting new topics include social relationships in late life technological change and aging religion and aging lifestyle and aging perceived quality of life economic security in retirement and aging and the law There is also a greater emphasis on international perspectives

particularly in chapters on aging and politics diversity and aging and immigration The Handbook will be of use to researchers and professional practitioners working with the aged It is also suitable for use as a course text for graduate and advanced undergraduate courses on aging and the social sciences

Age Segregation, Social Integration and the Morale of the Urban Aged John E. Poulin,1981 **Psycho-social Aspects of Aging in India** Paramjeet Kaur Dhillon,1992 **Social Policy and Aging** Carroll L. Estes,2001-03-30

This groundbreaking book provides comprehensive treatment of the political economy of aging by a scholar widely credited as the founder and key thinker of this field in the US and internationally The body of work presented in this volume in developing this critical perspective aims to contribute to the understanding of old age and aging in the context of problems and issues of the larger social order in the world s most advanced capitalist nation the U S A Since Estes first writing on the political economy of aging in 1979 there has been growing recognition and incorporation of her critical perspective as one of the major paradigms in the field of aging *Ageing and Social Policy in Australia* Allan Borowski,Sol Encel,Elizabeth Ozanne,1997-11-17 Industrialised countries worldwide have for years been confronting the prospect of a steadily ageing population This book first published in 1997 reflects the breadth of research into gerontology and analyses the major themes and issues in the area of ageing and social policy in both an Australian context and from an international comparative perspective Topics discussed include unemployment education and housing for the aged Added to this is the contemporary influence of multiculturalism and the challenge it poses to policies and programs that must cater for a growing diversity in the ageing population A special focus is given to the situation of women and Aboriginal Australians and the specific structural disadvantages they face This book is essential reading for students and policy makers in sociology social and public policy gerontology and public health **Social Aspects of Alienation** United States. Public Health Service,1969

New Dynamics in Old Age Hans-Werner Wahl,Clemens Tesch-Romer,Dr. Andreas Hoff,Jon Hendricks,2017-07-05 Based on the hypothesis that the new dynamics of old age is best observed in a range of everyday aging contexts that have been undergoing major change since the second half of the 20th century This book is aimed at scholarly community of gerontology in a variety of disciplines sociology psychology demography epidemiology and others **Aging with a Plan** Sharona Hoffman,2022-01-11 The book is a concise and comprehensive resource for people who are middle aged and beyond and are facing the prospects of their own aging and of caring for elderly relatives an often overwhelming task for which little in life prepares us Using an interdisciplinary approach and many personal anecdotes Professor Hoffman develops recommendations for building sustainable social legal medical and financial support systems for aging and caregiving Aging with a Plan combines thorough research with engaging anecdotes and practical advice It offers one stop shopping for anyone in need of guidance without a lot of time for independent research The book answers questions such as What legal documents should you be sure to have What expenses should you anticipate in retirement and how do you save for them What do you need to know about medical care as you or your loved ones grow older How should you approach

conversations about the sensitive topic of safe driving with elderly loved ones What options exist for end of life care and how do you make sure that your wishes will be followed The book is user friendly and accessible to a general audience and each chapter ends with a helpful checklist

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