

# Skill and Trust

*The Tovil Healing Ritual of Sri Lanka  
as Culture-Specific Psychotherapy*

Beatrice Vogt



S R I L A N K A S T U D I E S 6

# Skill And Trust The Tovil Healing Ritual Of Sri Lanka As Culturespecific Psychotherapy

**Huangqi Zhang**



### **Skill And Trust The Tovil Healing Ritual Of Sri Lanka As Culturespecific Psychotherapy:**

**Skill and Trust** Beatrice Vogt,1999 Tovil is an indigenous healing ritual among the Sinfiala of Sri Lanka It is a treatment for mental illness During the ritual which takes place at night the patient embodies the demons who are the cause of his or her psychic problems The ritual is a psychodrama accompanied and induced by drumming dancing and singing The emphasis of this study is not on the patient but on the healer

**Mental Health, Race and Culture** Suman Fernando,2010-01-28 This powerful text offers a unique analysis of the impact of race and culture on contemporary issues in mental health Drawing on extensive international experience Fernando challenges the traditional ideas that inform practice in clinical psychology and psychiatry in order to promote new and alternative ways of thinking Covering both theoretical perspectives and practical implications this insightful text discusses perceptions of ethnicity and identity compares practices around the world and looks at racism in mental health services This fully revised expanded and updated edition of a seminal text offers students and practitioners alike a comprehensive and reliable study of both western and non western psychiatry and mental health practices New to this Edition Covers trauma and psychosocial support Looks at the new discourses in mental health of recovery spirituality and well being Examines the mental health of refugees Refers to specific developments in low income countries including Asia and Africa

**Introduction to Satitherapy** Marcela Nemcova,Karel Hajek,2009-01-31 In this book Marcela Nemcova and Karel Hajek provide the complete overview of theoretical bases of satitherapy in a simple readable and at the same time professional way The practical use and application of the basic principles of satitherapy is illustrated on the example of the Taming the Demons satitherapeutic technique which was inspired by an indigenous healing ritual used for mentally ill people in Sri Lanka Most of the practical skills and techniques in satitherapy are derived from the systematized ethical psychological teaching of the theravada buddhist tradition called Abhidhamma Considering that this satitherapeutic know how is unique and can not be found in any other psychotherapy developed within our Western culture readers with an interest in Buddhism and psychotherapy will surely welcome and appreciate this brief Introduction to Satitherapy

**Mental Health Worldwide** S. Fernando,2014-02-11 Offers a perceptive critique of the universalized model of psychiatry and its apparent exportation from the West to the developing world Rooted in detailed analysis of the problems this causes the book proposes new suggestions for advancing the field of mental health and wellbeing in a way that is ethical sustainable and culturally sensitive

The Quest for a Child Hana Konecna,2008 This book has been written to provide hope support motivation and focus for couples who are trying to conceive a child It has evolved from a body of research carried out in the form of hundreds of interviews with childless couples their doctors and fertility specialists Dr Konecna who was for many years childless herself and therefore has a profound empathy and understanding of the issues is able to consider the deeply emotional subject of involuntary childlessness both from the scientific viewpoint of a professional obstetrician and from the humanitarian aspect of a sympathetic mother herself On the Quest for a Child succeeds on a number of levels the medical

problems causing the inability to conceive the psychological suffering endured the remedies and solutions to be considered and the legal ethical issues to be confronted all are dealt with thoroughly and across an international multi cultural range of cases It is hoped that this book will bring comfort to anyone who is going through the pain of childlessness but will also be read and valued by medical practitioners specialists psychologists social workers and allied health professionals who deal with childlessness in their daily work

**Handbook on Sex, Gender and Health** M. Sivakami, Anjana Bhushan, Sabina Faiz Rashid, Kausar S. Khan, 2025-01-27 This Handbook is the first of its kind addressing gender issues in health in five countries of the South Asian Region namely Bangladesh India Pakistan and Sri Lanka Adopting a social determinant of health perspective and an intersectionality and diversity lens the Handbook illustrates the multi layered complexities of gender health and well being from the diverse perspectives and lived experiences in different South Asian countries It includes studies on under researched and often invisible marginalized populations such as LGBTQI populations urban poor persons living with disability migrant and conflict affected populations It represents the voices of the elderly adolescents and young people It goes beyond analyzing the problem of gender inequities in health and present examples of gender transformative policies programmes and social movement action It is an essential resource for researchers policy makers students in public health and community based organizations involved in research policies or programs related to sex work public health social justice and gender based violence

**The Musical Gift** Jim Sykes, 2018-08-31 The Musical Gift tells Sri Lanka's music history as a story of giving between humans and nonhumans and between populations defined by difference Author Jim Sykes argues that in the recent past the genres we recognize today as Sri Lanka's esteemed traditional musics were not originally about ethnic or religious identity but were gifts to gods and people intended to foster protection and or healing Noting that the currently assumed link between music and identity helped produce the narratives of ethnic difference that drove Sri Lanka's civil war 1983-2009 Sykes argues that the promotion of connected music histories has a role to play in post war reconciliation The Musical Gift includes a study of how NGOs used music to promote reconciliation in Sri Lanka and it contains a theorization of the relations between musical gifts and commodities Eschewing a binary between the gift and identity Sykes claims the world's music history is largely a story of entanglement between both paradigms Drawing on fieldwork conducted widely across Sri Lanka over a span of eleven years including the first study of Sinhala Buddhist drumming in English and the first ethnography of music making in the former war zones of the north and east this book brings anthropology's canonic literature on the gift into music studies while drawing on anthropology's recent ontological turn and the new materialism in religious studies

**The Self Possessed** Frederick M. Smith, 2006 The Self Possessed is a multifaceted diachronic study reconsidering the very nature of religion in South Asia the culmination of years of intensive research Frederick M Smith proposes that positive oracular or ecstatic possession is the most common form of spiritual expression in India and that it has been linguistically distinguished from negative disease producing possession for thousands

of years In South Asia possession has always been broader and more diverse than in the West where it has been almost entirely characterized as demonic At best spirit possession has been regarded as a medically treatable psychological ailment and at worst as a condition that requires exorcism or punishment In South and East Asia ecstatic or oracular possession has been widely practiced throughout history occupying a position of respect in early and recent Hinduism and in certain forms of Buddhism Smith analyzes Indic literature from all ages the earliest Vedic texts the Mahabharata Buddhist Jain Yogic Ayurvedic and Tantric texts Hindu devotional literature Sanskrit drama and narrative literature and more than a hundred ethnographies He identifies several forms of possession including festival initiatory oracular and devotional and demonstrates their multivocality within a wide range of sects and religious identities Possession is common among both men and women and is practiced by members of all social and caste strata Smith theorizes on notions of embodiment disembodiment selfhood personal identity and other key issues through the prism of possession redefining the relationship between Sanskritic and vernacular culture and between elite and popular religion Smith s study is also comparative introducing considerable material from Tibet classical China modern America and elsewhere Brilliant and persuasive *The Self Possessed* provides careful new translations of rare material and is the most comprehensive study in any language on this subject *GRADIVA JOURNAL OF CONTEMPORARY THEORY AND PRACTICE* ,2000 **Amiable Incoherence** Mark P. Whitaker,1999 *Mystika a schizofrenie* Jan Benda,2007-09-26 Jsou mystick z itky p znakem du evn poruchy Co je to psychospiritualn krize Kniha p edstavuje alternativn pohled na n kter asto psychiatrizovan fenom ny jako jsou deprese vize i hlasy a ukazuje e tyto fenom ny mohou m t tak spiritu ln v znam Zku enosti mystik Sv Jan od K e sv Terezie z Avily a dal ch stejn jako zku enosti aman z r zn ch oblast sv ta dokl daj e psychofarmaka nejsou jedin m mo n m l kem t chto stav

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