

Traverse across
the slope



Initiate the turn
by extending
upwards and
leaning
forwards



Start pushing on the
outside ski once the
skis are traveling
straight



Keep your
shoulders
turned slightly
down the slope
once you have
crossed the
fall line



Let the skis slide to
control your speed



Traverse out of the turn
with your weight on the
downhill ski



Skiing Step By Step To Succesb With Alpine Skiing Snowboarding And Telemarking

Karl Gamma



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