



A TASTE OF RUSSIA

A Cookbook of Russian Hospitality

Darra Goldstein



Taste Of Russia A Cookbook Of Russian Hospitality

Clifford A. Wright



Taste Of Russia A Cookbook Of Russian Hospitality:

A Taste of Russia Darra Goldstein, 1999 A definitive modern cookbook on Russian cuisine A Taste of Russia layers superbly researched recipes with informative essays on the dishes rich historical and cultural context With over 200 recipes on everything from borsch to blini from Salmon Coulbiac to Beef Stew from Marinated Mushrooms to Black Bread Goldstein shows off the best that Russian cooking has to offer

Nutritional and Health Aspects of Food in Eastern Europe Tetiana Golikova, Diana Bogueva, Mark Shamtsyan, Ida Jakobsone, Maris Jakobsone, 2021-09-19 Nutritional and Health Aspects of Food in Eastern Europe provides an analysis of traditional and ethnic foods from Eastern Europe including selections from Russia Belarus Ukraine Estonia Latvia and Lithuania The book addresses history of use origin composition and preparation ingredient origin nutritional aspects and the effects on health for various foods and food products in each of these countries In addition it presents both local and international regulations while also providing suggestions on how to harmonize these regulations to promote global availability of these foods Analyzes nutritional and health claims relating to Eastern European foods Includes traditional and ethnic foods from Russia Belarus Ukraine Estonia Latvia and Lithuania Explores both scientific and anecdotal diet based health claims Examines if foods meet regulatory requirements and how to remedy non compliance Reviews the influence of historical eating habits on today s diets

Driving Down Russia's Spine Paul Richardson, 2016-06-01 On one level this book is the story of an epic 6000 kilometer road trip from the frigid shores of the Barents Sea to Sochi Russia s southernmost tip on the Black Sea Dubbed The Spine of Russia the adventure tasked a mismatched duo of Russian and American journalists with capturing a view of Russia from the ground to collect powerful images and honest human stories that offered a more subtle complex picture of the world s largest country But this book is far more than just a travel essay For it intertwines fascinating subject profiles with digressions into historical and cultural themes relevant to understanding modern Russia It is a story told with humor and with the insight derived from the author s three decades of intimate interactions with Russia Among the many interesting stories in the book An expedition to The Well to Hell A music school in one of the most polluted towns on earth An energetic youth activist branded as a foreign agent Russia s largest manufacturer of barbells who also makes cloudberry preserves A roadside berry seller recently paroled from prison A blacksmith who is a Jehovah s Witness A bone chilling trip to the foundation place of the Russian state The slightly off kilter leader of St Petersburg s Cossack community A retired village doctor who can t stop working because he won t be replaced A piece of Nebraska transplanted into the middle of Russia s Black Earth region There were also craft beer makers ballroom dancers policemen restaurant owners an opera student a priest a single mother an accessibility activist teachers docents a best selling author soap makers journalists a sailor a winemaker and a woman taking on the male dominated world of Russian hockey And no trip to Russia would be complete without a run in with security officials in leather jackets So there is also that Taken together the stories from this epic road trip create a compelling portrait of Russia and its people The book

could not be more timely recent events show how vital it is for Americans to continue working to understand Russia

Sweet Treats around the World Timothy G. Roufs, Kathleen Smyth Roufs, 2014-07-29 From apple pie to baklava cannoli to gulab jamun sweet treats have universal appeal in countries around the world This encyclopedia provides a comprehensive look at global dessert culture Few things represent a culture as well as food Because sweets are universal foods they are the perfect basis for a comparative study of the intersection of history geography social class religion politics and other key aspects of life With that in mind this encyclopedia surveys nearly 100 countries examining their characteristic sweet treats from an anthropological perspective It offers historical context on what sweets are popular where and why and emphasizes the cross cultural insights those sweets present The reference opens with an overview of general trends in desserts and sweet treats Entries organized by country and region describe cultural attributes of local desserts how and when sweets are enjoyed and any ingredients that are iconic Several popular desserts are discussed within each entry including information on their history their importance and regional cultural variations on preparation An appendix of recipes provides instructions on how to make many of the dishes whether for school projects or general entertaining

A Year Of Russian Feasts

Catherine Cheremeteff Jones, 2013-09-30 Foreigners who spend time in Russia soon discover two distinct worlds the public Russia often perceived as cold and shadowed cautious and traditional and the private Russia where warmth and hospitality flourish over tea at a friend s kitchen table or saut ed mushrooms in a village dacha A Year of Russian Feasts invites you on an enchanting journey through Russia s vibrant traditions from the lively springtime bliny festival and Easter feast to the serene beauty of a small village s natural bounty a mystical quest for autumn mushrooms and the festive spirit of Red Square during Christmas and New Year s celebrations Along the way experience the camaraderie of a vegetarian dinner in a communal apartment the joy of a birthday party the solemnity of a baptism the charm of a tea party and the celebration of a Russian wedding Jones unveils how forty exquisite dishes have been lovingly preserved and passed down through the feast days of the Russian Orthodox Church the gentle rhythm of country life and a vast nation of undiscovered beauty This captivating glimpse into Russia is not merely about the country but also the people at its heart offering a chance to reconnect with a rich and colourful cultural heritage

Global Dishes Caryn E. Neumann, Lori L. Parks, Joel G. Parks, 2023-06-30

Winner 2024 RUSA Outstanding Reference Award Through an interdisciplinary approach that shows how food can reflect a culture and time this book whets the appetite of students for further research into history anthropology geography sociology and literature Food is a great unifier It is used to mark milestones or rites of passage It is integral to the way we celebrate connecting a familial and cultural past to the present through tradition It bolsters the ill and soothes those in mourning The dishes in this text are those that have come to be known within a part of the world and culture but also have moved beyond those borders and are accessible and enjoyed by many in our ever smaller and more interconnected world Featuring more than 100 recipes and detailed discussions of dishes from across the globe Global Dishes Favorite Meals from around the

World explores the history and cultural context surrounding some of the best known and favorite foods The book covers national dishes from more than 100 countries including large nations like Mexico and small countries like Macao There is also coverage of foods beloved by Indigenous peoples such as the Sami of Scandinavia Traditional favorites are offered as well as newer dishes

The Best Stews in the World Clifford A. Wright, 2012-01-17 Three hundred recipes for rich satisfying stews from around the world from a James Beard Cookbook of the Year Award winner The tradition of stew making is as old as the invention of the first pot so it's only natural that a piping hot rib sticking stew is comforting in a very primal sort of way In The Best Stews in the World renowned cooking teacher Cliff Wright takes us on a culinary voyage around the world to discover the favorite comfort foods of nearly fifty countries These three hundred recipes are the real deal classic home food complete with culinary pedigrees Here you can find authentic versions of Swedish Meatball Stew Ossobuco alla Milanese African Groundnut Stew Irish Stew Cuban Ropa Vieja Coq au Vin Waterzooi Maine Lobster Stew Spicy Indian Vegetable Stew Catalanian Lentil Stew Finnish Salmon Stew and many more The Best Stews in the World is organized by each recipe's predominant ingredient beef veal pork lamb poultry goat and rabbit mixed meats fish and shellfish vegetables and mixed meats The recipes are easy to follow the techniques are straightforward the narrative is rich with the history and tradition of each stew and most important the rewards are plentiful and satisfying Impressive lengthy headnotes provide culinary history and other background and numerous boxes explore such topics as What's a Cardoon or The Cuisine of the Poor Library Journal A cookbook that doesn't put on airs Baltimore Sun Previously published as Real Stew

Food Cultures of the World Encyclopedia Ken Albala, 2011-05-25 This comprehensive reference work introduces food culture from more than 150 countries and cultures around the world including some from remote and unexpected peoples and places From babka to baklava to the groundnut stew of Ghana food culture can tell us where we've been and maybe even where we're going Filled with succinct yet highly informative entries the four volume Food Cultures of the World Encyclopedia covers all of the planet's nation states as well as various tribes and marginalized peoples Thus in addition to coverage on countries as disparate as France Ethiopia and Tibet there are also entries on Roma Gypsies the Maori of New Zealand and the Saami of northern Europe There is even a section on food in outer space detailing how and what astronauts eat and how they prepare for space travel as far as diet and nutrition are concerned Each entry offers information about foodstuffs meals cooking methods recipes eating out holidays and celebrations and health and diet Vignettes help readers better understand other cultures while the inclusion of selected recipes lets them recreate dishes from other lands

Seasoned Socialism Anastasia Lakhtikova, Angela Brintlinger, Irina Glushchenko, 2019-04-04 This essay anthology explores the intersection of gender food and culture in post 1960s Soviet life from personal cookbooks to gulag survival Seasoned Socialism considers the relationship between gender and food in late Soviet daily life specifically between 1964 and 1985 Political and economic conditions heavily influenced Soviet life and foodways during this period and an exploration of Soviet women's central role in the daily

sustenance for their families as well as the obstacles they faced on this quest offers new insights into intergenerational and inter gender power dynamics of that time Seasoned Socialism considers gender construction and performance across a wide array of primary sources including poetry fiction film women s journals oral histories and interviews This collection provides fresh insight into how the Soviet government sought to influence both what citizens ate and how they thought about food

A History of Beekeeping and the Honeybee in Contested Eastern European Landscapes Catherine B.

Clay,2024-12-21 A History of Beekeeping and the Honeybee in Contested Eastern European Landscapes Empires of the Bee traces the material cultural dynamics of the honeybee and beekeeping from prehistory to the present through Kievan Rus the Novgorod Republic Muscovy Imperial Russia the Soviet Union and the Russian Federation Interweaving environmental social economic and cultural history this book explores the meaning and experience of beekeeping in the longue duree to its public history in Russian museums today Although eclipsed by momentous events and developments in Russia s history the humble honeybee is fundamental to the history and culture of this region Milk Anne Mendelson,2013-05-01 Part cookbook with more than 120 enticing recipes part culinary history part inquiry into the evolution of an industry Milk is a one of a kind book that will forever change the way we think about dairy products Anne Mendelson author of Stand Facing the Stove first explores the earliest Old World homes of yogurt and kindred fermented products made primarily from sheep s and goats milk and soured as a natural consequence of climate Out of this ancient heritage from lands that include Greece Bosnia Turkey Israel Persia Afghanistan and India she mines a rich source of culinary traditions Mendelson then takes us on a journey through the lands that traditionally only consumed milk fresh from the cow what she calls the Northwestern Cow Belt northern Europe Great Britain North America She shows us how milk reached such prominence in our diet in the nineteenth century that it led to the current practice of overbreeding cows and overprocessing dairy products Her lucid explanation of the chemical intricacies of milk and the simple home experiments she encourages us to try are a revelation of how pure milk products should really taste The delightfully wide ranging recipes that follow are grouped according to the main dairy ingredient fresh milk and cream yogurt cultured milk and cream butter and true buttermilk fresh cheeses We learn how to make luscious Clotted Cream magical Lemon Curd that beautiful quasi cheese Mascarpone as well as homemade yogurt sour cream true buttermilk and homemade butter She gives us comfort foods such as Milk Toast and Cream of Tomato Soup alongside Panir and Chhenna from India Here too are old favorites like Herring with Sour Cream Sauce Beef Stroganoff a New Englandish Clam Chowder and the elegant Russian Easter dessert Paskha And there are drinks for every season from Turkish Ayran and Indian Lassis to Batidos Latin American milkshakes and an authentic hot chocolate This illuminating book will be an essential part of any food lover s collection and is bound to win converts determined to restore the purity of flavor to our First Food *Teatimes* Helen Saberi,2018-06-15 In *Teatimes* food historian Helen Saberi takes us on a stimulating journey beyond the fine porcelain doilies crumpets and jam into the fascinating and diverse history of tea drinking From

elegant afternoon teas hearty high teas and cricket and tennis teas to funeral teas cream teas and many more Saberi investigates the whole panoply of teatime rituals and ephemera including tea gardens tea dances tea gowns and tearooms We are invited to spend time in the sophisticated salons de th of Paris and the cozy tearooms of the United States to enjoy the teatime traditions of Canada the United Kingdom Australia New Zealand and South Africa where housewives prided themselves on their well filled tins to sit in on the tea parties of the Raj and Irani cafes in India to savor teatimes along the Silk Road where the samovar and chaikhana reign supreme and to delight in the tasty dim sum of China and the intricate tradition of cha kaiseki in Japan Steeped in evocative illustrations and recipes from around the world Teatimes shows how tea drinking has become a global obsession from American iced tea and Taiwanese bubble tea to the now classic English afternoon tea Pinkies up

At the Table Ken Albala, 2016-04-04 What s for dinner Not just in America but around the world And how is it cooked what s the historical significance of that food how is it served and consumed and who gets to clean up This book provides fascinating insight into how dinner is defined in countries around the world Almost universally dinner is a key meal in most countries around the world whether it be a simple dish of rice and beans a slice of pizza on the go or a multi course formal meal What do the specifics of how a meal is eaten by hand instead of with utensils for example say about a specific culture This fascinating one volume reference guide examines all aspects of dinner in international settings enabling insightful cross cultural comparisons and an understanding of the effects of modernization and globalization on food habits Some 50 countries are covered in chapters focusing on present day meal habits in Europe Asia the Middle East Africa and North and South America The commentary covers everything about the meal such as the time the cooking and preparation shopping for ingredients the clean up process gender based participation roles conversation or other social interactions and etiquette just about everything that happens at the table The book is ideal for classroom teaching and learning as the entries and photos are conducive to teaching students about other cultures directly supporting the National Geography Standards Students will be able to make informed comparisons between their own lives and the various cultural experiences described in the book

Real Stew Clifford A. Wright, 2002 In this book the author takes cooks on a culinary voyage around the world to discover the favorite comfort foods of nearly 50 countries

Entertaining from Ancient Rome to the Super Bowl Melitta Weiss Adamson, Francine Segan, 2008-10-30 From the earliest times humans have enjoyed dining and entertainment with family and friends from sharing a simple meal to an extravagant feast for a special celebration In this two volume set entries tell the history of wedding and religious customs holidays such as Thanksgiving and Christmas and modern day get togethers such as block parties and Superbowl parties Providing a worldwide perspective on celebration entries on topics such as Dim Sum La Quinceanera Parties Deepavali and Juneteenth cover many cultures In addition entries on Ancient Rome Medieval entertaining and others give an inside view as to what entertaining was like during those times should readers want to recreate these themes for school projects or club banquets Whether a student of history or world language class or an

adult planning a theme party there is something in Entertaining from Ancient Rome to the Super Bowl for everyone **The Joy of Pickling - Revised** Linda Ziedrich,2009-05-17 Since its original publication The Joy of Pickling has been considered the go to guide for those who like it sour salty and tangy Author Ziedrich goes far beyond the classic bread and butters and dills with recipes that showcase the worldwide popularity of pickling **The Joy of Pickling** Linda Ziedrich,2016-08-15 Discover the tools and techniques you need for pickling success with 300 recipes from kimchi to sauerkraut and even a peck of pickled peppers Putting up pickles is a time honored technique for preserving the harvest and getting the most out of fresh produce whether you grow it yourself or purchase it at your local market But pickling isn t just about preserving It s a way to create mouthwatering condiments and side dishes that add endless variety and vibrant flavors to the table Making these salty sour sweet and tangy treats isn t hard as long as you have this authoritative and user friendly volume to guide you This new edition includes 50 brand new recipes many focused on the latest trend in pickling fermentation It also includes An international range of pickles from American favorites to adventuresome ideas from Asia the Middle East and Europe Recipes for canned and put up pickles as well as quick pickles for the fridge or freezer New techniques for preventing yeast and mold growths on fermented pickles Recipes for using pickled produce in chutneys salsas relishes and more Expert safety guidance and tips From Lower East Side Full Sour Dills to Cabbage and Radish Kimchi Pickled Whole Watermelons to Quick Pickled Baby Corn the 300 recipes in The Joy of Pickling make the harvest last deliciously and freshly all year round The Georgian Feast Darra Goldstein,1999 Reprint Originally published New York HarperCollins 1993 The Routledge Companion to Literature and Food Lorna Piatti-Farnell,Donna Lee Brien,2018-04-19 The Routledge Companion to Literature and Food explores the relationship between food and literature in transnational contexts serving as both an introduction and a guide to the field in terms of defining characteristics and development Balancing a wide reaching view of the long histories and preoccupations of literary food studies with attentiveness to recent developments and shifts the volume illuminates the aesthetic cultural political and intellectual diversity of the representation of food and eating in literature *Oblomov* Ivan Goncharov,2011-01-04 Set at the beginning of the nineteenth century before the ideal of industrious modern man when idleness was still looked upon by Russia s serf owning rural gentry as a plausible and worthy goal there was Oblomov Indolent inattentive incurious given to daydreaming and procrastination indeed given to any excuse to remain horizontal Oblomov is hardly the stuff of heroes Yet he is impossible not to admire He is forgiven for his weakness and beloved for his shining soul Ivan Goncharov s masterpiece is not just ingenious social satire but also a sharp criticism of nineteenth century Russian society Translator Marian Schwartz breathes new life into Goncharov s voice in this first translation from the generally recognized definitive edition of the Russian original and the first as well to attempt to replicate in English Goncharov s wry humor and all embracing humanity chosen by Slate as one of the Best Books of 2008

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